# EAST COASTNEWS

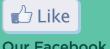
• East Coast-Fengshan Town Council • Block 206 Bedok North Street 1 #01-353 Singapore 460206 • Tel: 6444 9549 Fax: 6444 0775 • www.ectc.org.sg











Our Facebook Page Page 2 Quiz

Issue 106 for May/Jun/Jul 2016

# SEEK & WIN

Singaporeans love to eat and East Coast-Fengshan Town is renowned for its great food.

Find your favourite foods hidden in the puzzle below.

Simply circle your answers and stand to WIN A \$10 SHOPPING VOUCHER!

C	Q	S	С	Α	R	R	0	Т	С	Α	K	Ε
D	Н	D	L	F	S	М	Ε	K	Т	U	С	В
С	W	Α	0	R	В	Ε	Ε	Н	0	0	N	С
Н	G	Т	R	Υ	J	Ε	Α	L	Н	0	0	W
Ε	R	Υ	U	K	Q	S	S	V	K	F	G	Т
N	Т	J	Н	Н	W	1	Т	Т	S	N	В	F
G	Υ	1	Т	Т	Ε	Α	R	K	Α	J	G	Α
Т	С	0	Α	S	Т	М	Υ	Ε	Ε	S	1	М
N	I	0	F	S	K	Q	S	Т	Α	L	Z	Α
G	В	Α	K	С	Н	0	R	М	Ε	Ε	D	Υ
F	Ε	N	G	S	Н	Α	N	F	R	0	Р	L
С	Н	1	С	K	Ε	N	R	1	С	Ε	W	Α
В	S	1	С	Ε	K	Α	С	Н	Α	Ν	G	K
М	F	V	R	Т	D	S	W	Е	R	Т	0	S
Р	R	Α	W	Ν	Ν	0	0	D	L	Ε	F	Α



- Laksa
- Chicken Rice
- Prawn Noodle
- Bak Chor Mee
- Carrot Cake
- Bee Hoon
- Mee Siam
- Char Kway Teow
  - Cheng Tng
  - Ice Kachang



### **RULES & REGULATIONS**

- 1. Fill in your personal details, cut out the quiz and mail it to:

  Quiz for Issue #106, East Coast-Fengshan Town Council,

  Block 206 Bedok North Street 1, #01-353,

  Singapore 460206
- 2. Closing date is 29th July 2016
- 3. Only residents of East Coast GRC and Fengshan SMC are eligible to participate.

# Address: \_\_\_\_\_\_ Postal Code: \_\_\_\_\_ Contact No.: \_\_\_\_\_

# **Get Connected**



Facebook.com/EastCoastTC

**Like Us** & connect with us for the latest updates of events in East Coast-Fengshan!

# **CONGRATULATIONS TO WINNERS OF QUIZ #105**

S/N	Name	NRIC
1	Shania Yong	TXXX8546B
2	Sithambaram Sakuntala	SXXX8342G
3	Cai Wu Xian	SXXX7962I
4	Ramnah Bte Abdul Hamid	SXXX4211D
5	Sin Yeow Song	SXXX9083G
6	Laveena Jagwani	SXXX3089A
7	Beh Chow Yen	SXXX1450A
8	Jessie Zheng	SXXX9194B
9	Ling Hea King	SXXX9455H
10	Salimah Bte Hassan	SXXX6250H

# TOPPING UP Ceremony

To mark the physical completion of the eagerly-awaited Bedok Integrated Complex (BIC), Kampong Chai Chee Grassroots Organisations (GROs), with the support of Sport Singapore and other agencies, organised a Topping-Up celebration on 9 April 2016. More than 2,000 residents had fun participating in fringe activities during the celebration. Residents also had the chance to sample some of the latest programming contents that the various agencies plan to introduce at the new complex when it opens in phases from the first half of 2017.

Joining the residents were Grassroots Advisers to East Coast GRC and Fengshan SMC GROs, Minister Lim Swee Say, Senior Minister of State, Dr Mohd Maliki Osman, Ms. Jessica Tan, Ms. Cheryl Chan

and Host Advisor Lee Yi Shyan. The Advisers officially unveiled the new name of the Complex - Heartbeat @ Bedok - which will be one of the largest Integrated Complexes in Singapore housing facilities such as the Kampong Chai Chee Community Club (CC), Sport Singapore's indoor and outdoor sports facilities, F&B and retail outlets. The complex sits on a 2.1 ha land, about the size of three football fields and is within walking distance from the Bedok MRT Station and Bus Interchange. Residents are looking forward to the complex opening and are thrilled at the prospect of engaging in various family activities such as swimming, studiodancing, reading books and magazines and attending Zumba classes among many other activities.



Answers torlast issue

# OUR TOWN WORD PUZZLE

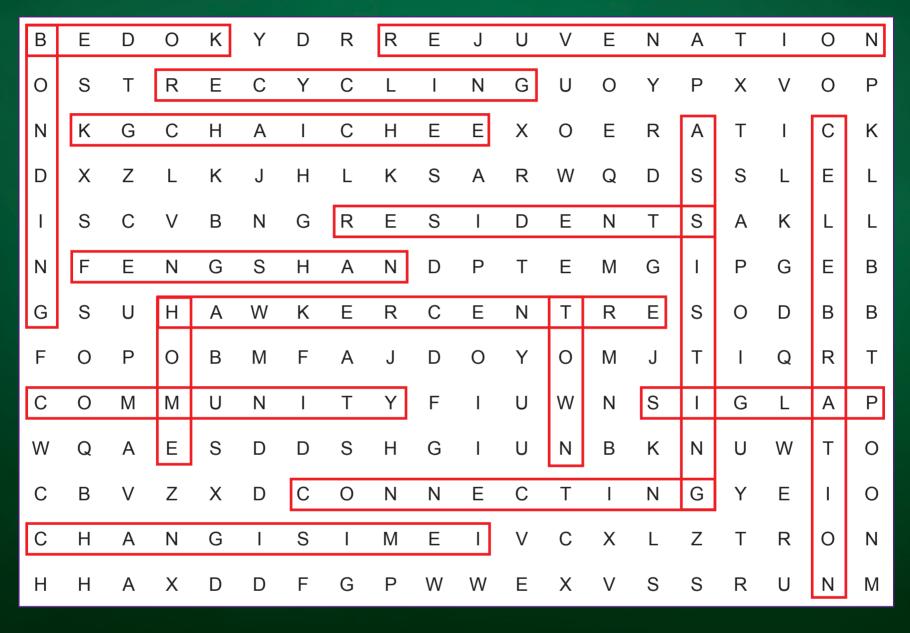
Did you manage to find the right answers?

Assisting
Bedok
Bonding
Celebration

Changi Simei Community Connecting Fengshan

Hawker Centres
Home
Kg Chai Chee
Recycling

Rejuvenation Residents Siglap Town



# **MakaniShare**

East Coast-Fengshan is well known for being a foodie's paradise. In fact, the rich diversity of local cuisines is phenomenal. This can be traced to our multicultural and multiracial heritage. Over the years, many food stalls have stood the test of time and competition. We believe they are definitely worth a mention.

Are you a big food fan of Bedok Interchange Hawker Centre? Here's your chance to win a \$10 shopping voucher if your shared hawker stall wins!

Here's how to enter:

- Tell us your favourite hawker stall. Submit your entries to us via ectcnet@ectc.org.sg with the subject header "iMakaniShare".
   Kindly ensure you include the following details: Name, NRIC, mobile number.
- 2. Vote for your favourite hawker stall via our Facebook page.

Contest ends on **29 July 2016.** For more details, visit our Facebook page. Watch this space for more featured food stalls in the coming issues.



Residents of East Coast GRC and Fengshan SMC gathered to share their views on Budget 2016. Members of Parliament of each constituency shared on how economic policies and new initiatives can help businesses grow. It was the social policies which had everyone interested as schemes such as the Child Development Account (CDA) First Step Grant, Fresh Start Housing Scheme, Special Employment Credit for persons with disabilities were presented. Residents also asked about the Silver Support Scheme and its benefits for seniors from the lower income category. In addition, the work supplement program was also well received as it benefits families in the long-run.

# Budget Dialogue

One other policy which stood out during the discussions was the One-off GST Voucher - Cash Special Payment, paid in addition to the regular GSTV- Cash, Medisave and U-Save. Residents shared on how this would greatly help them off-set households expenses. The dialogues were very productive and residents expressed their appreciation at the efforts to engage them and have their questions answered.





# SAVE ENERGY SAVE MONEY



It's not cool to let the air-con run for a long time. Switch to a fan after a short while and save about \$400 a year.

Gunakan hawa dingin bagi masa yang singkat dan beralih kepada kipas untuk jimat kira-kira \$400 setahun.

短暂使用冷气机后,改用电风扇保持凉爽,一年大约可省下\$400.

நீண்ட நேரத்திற்கு குளிரூட்டியை இயக்குவது நல்லதல்ல. சிறிதுநேரம் கழித்து மின்விசிறியை பயன்படுத்தி ஆண்டுக்கு சுமார் \$400 சேமியுங்கள்.

Take a stand against standby power. **Save** around **\$25** a year when you switch off at the power socket.

Elakkan kuasa siap sedia. Matikan suis di soket kuasa dan jimat kira-kira \$25 setahun.

不使用电器时,将电器的总开关关掉,一年大约可省下\$25.

வீட்டு உபயோகப் பொருட்களை பயன்படுத்தாதபோது அவற்றின் மின்விசையை அணைத்து, ஆண்டுக்கு சுமார் \$25 சேமியுங்கள்.





The more ticks, the better!

**Save** around **\$260** a year if you buy a 3-tick air-con. **Save** around **\$75** a year for a 3-tick refrigerator.

Lebih banyak √, lebih baik!

Jimat kira-kira \$260 setahun jika anda membeli hawa dingin 3√.

**Jimat** kira-kira **\$75** setahun bagi peti sejuk 3 √.

购买较多✓的电器,节省更多.

使用三个〈的冷气机一年大约可省下 \$260

使用三个~的电冰箱一年大约可省下 \$75.

அதிக புட்குறிகள், மேலும் சிறந்தது! 3-புட்குறிகள் உள்ள குளிரூட்டியை வாங்கினால், ஆண்டுக்கு சுமார் \$260 சேமிப்பீர்கள். 3-புட்குறிகள் உள்ள குளிர்பதனப் பெட்டியை வாங்கினால், ஆண்டுக்கு சுமார் \$75 சேமிப்பீர்கள்.

\* All calculations are based on electricity cost of \$0.27 per kWh of electricity



# Share your feedback

Share with us your feedback, which can help us improve the estate for you and your neighbours.

Please contact us at **6444 9549** or email us at **ectcnet@ectc.org.sg**.

You can also download the iTown app by scanning the QR code below.











I would like to compliment East Coast - Fengshan Town Council cleaning contractor, Mr Hossain as well as his team for washing the Hawker Centre at Block 208B during a recent cleaning, keeping the hawker clean and neat. I hope they'll continue to keep up the good work and maintain the hawker centre's cleanliness well. Please extend my compliments to them.

- Resident Mr Chua

# **Enjoy Rebates**

for HDB Residents



As announced under Budget 2016, about 840,000 Singaporean households living in HDB flats will enjoy \$86 million worth of Service & Conservancy Charges (S&CC) rebates. The Government will also provide Regular GST Voucher-U-Save rebates to help eligible Singaporean HDB households offset their utilities bills.

\* If you are paying for your S&CC through GIRO, no action is required on your part. The Town Council will arrange with your bank on the amount of S&CC that your household will have to pay to the Town Council, after taking the S&CC rebates into account.

For more information on GST Voucher-U-Save, please visit www.gstvoucher.gov.sg

根据政府宣布的2016年财政预算案. 大约 840,000 居住在政府组屋的新加坡 公民家庭将可享有总值八千六百万元的组屋杂费回扣 (S&CC rebate)。为了帮 助国人应付生活费, 政府将继续派发消费税扑助券 (GST Voucher), 其中包括 普通消费税扑助券-U-Save水电费回扣 (Regular GST Voucher - U-Save), 为合格的政府组屋新加坡公民家庭抵消水电费开支。

\*如果您现在通过财路(GIRO)缴付杂费, 市镇会将直接与您的银行做出安排, 在扣除杂费回扣后调整您必须缴付的款额。

欲知更多有关消费税扑助券-U-Save水电费回扣的详情请浏览网站 www.gstvoucher.gov.sg

	denoting only						
Rebates 回扣 Rebat	Month / Year 月 / 年 Bulan / Tahun <b>மாதம்/ஆண்டு</b>						
தள்ளுபடி	05/16	(	07/16	1	10/16	01/17	04/17
Flat Type 组屋类型 Jenis Flat அடுக்கு மாடி வகை	S&CC Rebate*	S&CC Rebate*	Regular GST Voucher-U-Save	S&CC Rebate*	Regular GST Voucher-U-Save	Regular GST Voucher-U-Save	Regular GST Voucher-U-Save
1-Room	1	1	\$65	1	\$65	\$65	\$65
2-Room	1	1	\$65	1	\$65	\$65	\$65
3-Room	1	0.5	\$60	0.5	\$60	\$60	\$60
4-Room	1	0.5	\$55	0.5	\$55	\$55	\$55
5-Room	0.5	0.5	\$50	0.5	\$50	\$50	\$50
Executive / Multi-Generation	0.5	0.5	\$45	-	\$45	\$45	\$45

Seperti yang telah diumumkan dalam Bajet 2016, kira-kira 840,000 isi rumah Warganegara Singapura yang tinggal di flat HDB akan menikmati \$86 juta bernilai rebat Bayaran Perkhidmatan & Penyenggaraan (S&CC). Kerajaan akan memberi Baucar GST Biasa-U-Save rebat (Regular GST Voucher - U-Save) bagi membantu isi rumah yang layak dengan mengimbangi bil utility mereka.

\*Jika anda membayar S&CC melalui GIRO, anda tidak perlu berbuat apa-apa. Majlis Bandaran akan berurusan dengan bank anda mengenai jumlah S&CC yang akan dibayar oleh isi rumah anda kepada Majlis Bandaran selepas mengambil kira rebat S&CC tersebut.

Untuk maklumat lanjut mengenai Baucar GSTV- U-Save, sila kunjungi lelaman web Baucar GST di www.gstvoucher.gov.sg

வரவு செலவுத்திட்டம் 2016 ல் அறிவித்தது போல், HDB அடுக்குமாடிகளில் வசிக்கும் 840,000 சிங்கப்பூர் குடிமக்கள் இல்லறத்தார்களுக்கு \$86 மில்லியன் மதிப்புள்ள சேவை மற்றும் பாதுக்காப்பு கட்டணங்களில் (S&CC) தள்குபடி அளிக்கப்படும். இந்த தள்ஞபடி பொது வீட்டு செலவினங்களை கட்டுக்குள் வைத்திருக்க உதவி செய்யும்.

சிங்கப்பூர் HDB குடும்பத்தினர் தங்களின் யூட்டிலிட்டி பில்களை ஈடுசெய்வதற்கு, அரசாங்கமும் வழக்கமான ஜிஎஸ்டி வவுச்சரையும் - யூ-சேவ் தள்ளுபடிகளையும் வழங்கும்.

\*உங்களது சேவை மற்றும் பாதுக்காப்பு கட்டணங்களை (S&CC) GIRO வாயிலாக செலுத்தினால் நீங்கள் எவ்வித நடவடிக்கையையும் மேற்க் கொள்ள வேண்டியதில்லை. நகர மன்றம் உங்களது வங்கியிடம், தள்ஞபடிக்கு பின் உங்களது வீட்டுக்கான (S&CC) கட்டணத்தை நகர மன்றத்திடம் செலுத்தும் ஏற்ப்பாடுகளை மேற்க்கொள்கும்.

மேல் வீவரங்களுக்கு, தயவுசெய்து www.gstvoucher.gov.sg என்ற இணையத்தளத்தை பார்க்கவும்.



# CHECK. CLEAN. CHANGE.

# A LITTLE EFFORT. A GREATER PEACE OF MIND.

Falling windows can endanger public safety. Homeowners/ tenants may face a fine of up to S\$10,000 and/ or a jail term of up to a year if a window falls. So do your part to help keep our community safe by checking your windows twice yearly!

about window safety and the list of approved contractors:

For more information Visit www.bca.gov.sg/window safety (BCA) or www.hdb.gov.sg/window\_safety (HDB)

Call 6334 6473 (BCA) or 1800 225 5432 (HDB)

A Public Service Message From:





Supporting Partner:



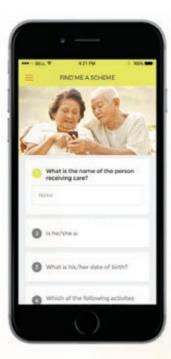


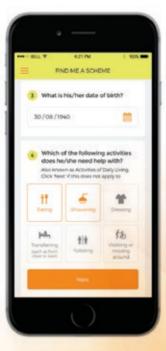


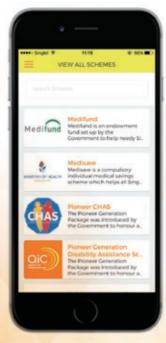
# DOWNLOAD OUR FREE MOBILE APP

Find the eldercare subsidies you can qualify for, at your fingertips.











The Agency for Integrated Care (AIC) seeks to create a vibrant Care Community enabling people to live well and age gracefully at home and in the community. Our work in the community brings care services and information closer to those in need. AIC is happy to introduce a new mobile application, AICare Link (pronounced "i-care link"), which helps users to find out if they qualify for any subsidy for their care needs.

For more information:



www.silverpages.sg

1800-650-6060

Saturday

8.30am to 4.00pm

# **Littering** is an **offence**

Let us all take personal responsibility of our shared spaces to create a clean environment for everyone.

### 乱扔垃圾是违法的行为

让我们为共享的空间负起责任, 为大家创造一个干净的环境。

# Membuang sampah merata-rata adalah satu kesalahan

Marilah kita semua memikul tanggungjawab memelihara ruang yang kita kongsi bersama untuk mewujudkan persekitaran yang bersih untuk semua.

# குப்பை போடுவது ஒரு குற்றமாகும்

அனைவருக்காகவும் ஒரு சுத்தமான சுற்றுப்புறத்தை உருவாக்குவதற்கு, நமது பொது இடங்களுக்கு நாம் அனைவரும் தனிப்பட்ட முறையில் பொறுப்பை ஏற்றுக்கொள்வோம்.









# Invest in Yourself, Your Skills, **Your Future**

SkillsFuture is a national movement to enable all Singaporeans to develop to their fullest potential throughout life. No matter where you are in life - schooling years, early career, mid-career or silver years - you will find a variety of resources to help you attain mastery of skills.

From Jan 2016, Singaporeans aged 25 years and above will receive an initial credit of \$500. The SkillsFuture Credit will not expire. The Government will make periodic top-ups to the accounts.



















For more info, visit www.skillsfuture.sg or contact your nearest CC

# **DISCARDED ITEMS** Can Be A Fire Hazard!

### **Fire At Eunos Crescent**

On the morning of 7 April 2016, a fire broke out near a unit on the 7th floor, Block 18, Eunos Crescent. A fire engine, two Red Rhinos, two fire bikes and a support vehicle were dispatched to put out the fire. Thankfully, residents were able to put out the fire before the firefighters from the Singapore Civil Defence Force (SCDF) arrived. The SCDF has found that discarded items next to the unit were involve in the starting of the fire.

### What You Can Do

- Do not throw or leave any items at common areas, including corridors, lift lobbies, void decks and staircases.
- If you have any unwanted bulky items, please contact your town council to arrange for them to be disposed of properly.
- If you see discarded items at the common areas, contact your town council to inform them of the situation.



Do you leave your unwanted items at common areas, such as corridors and staircase landings? Watch Out!

Discarding your trash at these places could cause a fire outbreak. What's worse, by hindering your neighbour's escape paths, the objects could actually pose a threat to their, and your lives in the event of an emergency evacuation.



# **Keep** the **Rats** Away

To control the population of rats, East Coast-Fengshan Town Council is carrying out weekly rodent treatment in various parts of our town. Let's join hands in keeping our neighbourhood clean and rats-free!

# Practice these **Good Habits**

- 1. Always tie your kitchen waste in plastic bags before throwing it down the rubbish chute.
- 2. Maintain a clean home environment especially in the kitchen.
- 3. Keep common areas such as lift landings free of bulky and unwanted items.
- 4. Discard rubbish, especially food wastes properly & in designated bins.









# Enjoy a Mozzie-Free Home

As part of ECFTC's ongoing efforts to fight dengue, we have taken steps to eliminate mosquito breeding around the estates.

















Do the 5-Step Mozzie Wipeout 进行5个步骤的灭蚊检查 Lakukan 5 Langkah Mozzie Wipeout

டெங்கியை துடைத்தொழிக்கும் 5 கட்ட நடவடிக்கைகளை பின்பற்றுங்கள்







Change water in vases/bowls on alternate days 每隔一天,更换花瓶里的水 Tukarkan air dalam jambangan bunga/mangkuk

dua hari sekali

மலர்க்குவளைகளிலும் மற்றும் செடி வைக்கப்படும் பாத்திரங்களிலும் உள்ள நீரை ஒரு நாள் விட்டு ஒரு நாள் மாற்றவும்



Turn over all water storage containers 将所有的水桶和水容器倒置存放 Terlungkupkan semua bekas air

நீர் பிடித்து வைப்பதற்கான எல்லா பாத்திரங்களையும் கவிழ்த்து வைக்கவும்



Remove water from flower pot plates on alternate days

每隔一天,清除花盆垫盘里的水 Buangkan air di piring pengalas pasu bunga dua hari sekali

-செடிச்சட்டித் தட்டுகளில் உள்ள நீரை ஒரு நாள்விட்டு ஒரு நாள் அகற்றவும்



Cover bamboo pole holders when not in use 不在使用晒衣竿撑管时将它们盖好 Tutupkan lubang penyangkut galah yang tidak digunakan

மூங்கில் கம்புகளைச் சொருகும் குழாய்களைப் பயன்படுத்தாதபோது மூடிவிடுங்கள்



Clear blockages and put Bti insecticide in roof gutters monthly 每个月疏通阻塞的屋顶檐槽,并且加入Bti杀蚊药来杀灭伊蚊子孓 Bersihkan sampah sarap dari alur bumbung rumah dan bubuhkan racun serangga Bti sebulan sekali

கூரை நீர்க்கால்களில் அடைத்திருக்கும் குப்பைகளை அகற்றுங்கள் மேலும், Bti பூச்சிக்கொல்லியைக்குறைந்தது மாதத்திற்கு ஒரு முறை கூரை நீர்க்கால்களில் போடவும்

# VEOLIA ENVIRONMENTAL



# Join the EAST COAST- FENGSHAN Green Initiative

Today!

### A Recycling Initiative with SembWaste and Veolia

East Coast - Fengshan Town Council will be working with our 2 public waste collectors, Sembwaste and Veolia, on their recycling initiatives. Join the program in your local division as we do our part for the environment.

**SembWaste initiatives** - only for residents living in Bedok, Fengshan, Kampong Chai Chee and Siglap divisions.

#### I-for-Recycling

Be spotted bringing your recyclables to your local recycling blue bins and be awarded with \$50 NTUC Fairprice vouchers. There will be 10 winners per quarter for the Bedok Sector.

### • Go Green Lucky Draw

Simply tag your recyclables with lucky draw coupons from your RC and drop them in your local recycling blue bins and stand to win \$100 NTUC Fairprice vouchers. The draw is conducted quarterly at SembWaste's recycling centre where 3 winners will be picked each quarter.

**Veolia** - only for residents living in Changi Simei division

#### Cash for Trash

Trade your trash for cash at the Recycle Booth at various RC centres. Contact your local RC for more participation details.

#### Did you know?

Changi Simei Zone 3 RC is the first zone to take part in the current recycling program by Veolia.



Please refer to Page 14 for recycling dates and locations.

# **NATIONAL DAY 2016 SCHEDULE**



	WHAT	WHEN	WHERE	CONTACT PERSON	PHONE
DEDOV	National Day Observance Ceremony	7 Aug 2016, 7am – 10am	Blk 23 Bedok South Ave 1	Mr. Benjamin Soh	6449 6323
BEDOK	National Day Dinner 2016	8 Aug 2016, 7pm – 10pm	Bedok Community Park (Behind Blk 15)	Mr. Kelvyn Li	6449 6323
	National Day Dinner 2016	5 Aug 2016, 7pm	Open field beside Easpoint Mall	Ms. Tan Huaxian/ Ms. Candy Lim	6781 6058
	Variety Show (Ge Tai)	6 Aug 2016, TBC	Open field beside Easpoint Mall	Please contact CC for more info	6781 6058
CHANGI SIMEI	Movie Screening	7 & 8 Aug 2016, 7.30pm	Open field beside Easpoint Mall	Ms. Audrey Lim	6781 6058
	National Day Observance Ceremony	9 Aug 2016, 8.30am	Open field beside Easpoint Mall	Mr. Huang Wenbin	6781 6058
	National Day Parade Live Screening	9 Aug 2016, 5pm	Open field beside Easpoint Mall	Ms. Lee Tin Yim	6781 6058
	National Day Dinner 2016	6 Aug 2016,TBC	Bedok Open Complex	Please contact CC for more info	6241 9878
KG CHAI CHEE	Observance Ceremony + Project K.an 2016	7 Aug 2016, 9am – 11am	Kampong Chai Chee CC	Mr. Kelvin Tan	6241 9878
SIGLAP	National Day Dinner 2016	6 Aug 2016, 6pm – 10pm	Blk 46 Amphitheatre	Ms. Tan Yee Ling	6449 8040
	National Day Celebration @ heartlands	9 Aug 2016, TBC	ТВС	Ms. Audrey	6449 8040
FENGSHAN	National Day Dinner 2016	7 Aug 2016, 7.30pm – 10pm	Fengshan CC	Mr. Kenneth Leong / Ms. Loh Weiqi	6449 5136



# BOND JIO BBQ GET TOGETHER







On 19 March 2016, more than 300 residents of Bedok gathered for an evening of fun and laughter. Hot barbeque stations were set up as families and neighbours grilled their favourite food such as satay, chicken wings, and otah. Member of Parliament, Mr. Lim Swee Say, joined in the fun as residents sang their hearts out to their favourite karaoke songs.







**BEDOK** 

**CHANGI SIMEI** 







# CARNIVAL OF COLOURS



On 20 March 2016, Changi Simei CC was transformed into a vibrant carnival play land as more than 500 residents had a colourful day filled with stage performances, magic shows, bouncing castle plays and family activities. Member of Parliament, Ms. Jessica Tan, joined in the fun, building camaraderie among multiracial neighbours and families. Riding on the Easter festival, a bunny mascot brought cheers to the children as they expressed their creativity decorating eggs and cookies. Residents also folded paper stars in remembrance of Founding Prime Minister Mr. Lee Kuan Yew.





# **HEALTH FIESTA TWO**







20 March 2016 was an exciting day as more than 100 residents with Member of Parliament, Mr. Lee Yi Shyan, gathered for the Health Fiesta Two event. Residents started the morning with low impact exercises followed by a simple breakfast. As they say, healthy living starts from home. Residents were taught how to prepare a healthy version of laksa, fried rice and chicken soup bee hoon with sliced fish. It was certainly a good start to the day!







**KG CHAI CHEE** 

**SIGLAP** 







# BREAKFAST CHIT CHAT



19 March 2016 was an early morning for about 70 residents of Blk 55 New Upper Changi Road as they gathered for a Breakfast cum Dialogue Session with Member of Parliament, Dr. Mohd Maliki Osman. The comforting nostalgic aroma of nasi lemak filled the void deck as residents expressed their joy on the completed upgrading works in their estate. Information on the latest government policies and developments such as MediShield Life were also shared. The gathering ended on a high note as they celebrated the birthday of residents born in the month of March.





# ACTIVE AGEING HEALTH FIESTA 2016







Close to 500 seniors had their play at the Fengshan Active Agers' Health Fiesta on 6 March 2016. From seated tai chi to Zumba Gold, Member of Parliament, Ms. Cheryl Chan, joined in the fun as seniors learnt how to stay active and healthy through the many games, cooking demonstrations and TCM talks, supported by the Health Promotion Board. Thumbs Up for the seniors!







**FENGSHAN** 

# RC RECYCLING SCHEDULE MAY / JUN / JUL 2016



Date	May / Jun / Jul 2016	Time	Address	Organised by
Every 3rd Sunday	15 May, 19 Jun & 17 Jul 2016	10.30am-12pm	Blk 37 Bedok South Ave 2 #01-445	Bedok Bunga Merah RC
Every last Sunday	29 May, 26 Jun & 31 Jul 2016	9am–11am	Blk 10C Bedok South Ave 2 #01-562	Bedok Orchid RC
		KG	CHAI CHEE	
Every 2nd Saturday	14 May, 11 Jun & 9 Jul 2016	11am-1pm	Blk 138 Bedok North Rd 2 #01-147	Kg Chai Chee Ruby RC
Every 2nd Sunday	8 May, 12 Jun & 10 Jul 2016	11am-1pm	Blk 221A Bedok Central #01-70	Kg Chai Chee Linear Green RC
Every last Sunday	29 May, 26 Jun & 31 Jul 2016	9.30am-11.30am	Blk 765 Bedok Reservoir View	Kg Chai Chee Longvale RC
			SIGLAP	
Every 3rd Sunday	15 May, 19 Jun & 17 Jul 2016	11am-1pm	Blk 167 Bedok South Ave 3 #01-501	Siglap East RC
Every last Sunday	29 May, 26 Jun & 31 Jul 2016	1pm–3pm	Blk 71 Bedok South Rd #01-250	Siglap Lucky Valley RC
Every last Sunday	29 May, 26 Jun & 31 Jul 2016	8.30am-10am	Blk 51 New Upper Changi Rd #01-1500	Bedok Ixora RC
		F	ENGSHAN	
Every last Sunday	29 May, 26 Jun & 31 Jul 2016	9am-11am	Blk 111 Bedok North Rd #01-323/325	Fengshan Jade RC
Every 1st Sunday	1 May, 5 Jun & 3 Jul 2016	9am–10am	Blk 124 Bedok North Rd #01-155	Fengshan Crystal RC
Every 2nd Sunday	8 May, 12 Jun & 10 Jul 2016	10am-12pm	Blk 93 Bedok North St 4 #01-1461	Fengshan Topaz RC
Every 2nd Sunday	8 May, 12 Jun & 10 Jul 2016	9am-12pm	Void Deck at Blk 185 Bedok North Rd Void Deck at Blk 79 Bedok North Rd	Fengshan Diamond RC
Every 3rd Sunday	15 May, 19 Jun & 17 Jul 2016	9am–11am	Blk 104 Bedok North Ave 4 #01-2186	Fengshan Pearl RC
		CH	ANGI SIMEI*	
Every 3rd Saturday	21 May, 18 Jun & 16 Jul 2016	2pm–5pm	Blk 155 Simei Road #01-202	Changi Simei Zone 3

# AKAN DATANG 即将来临 COMING SOON விரைவில்வருகிறது

	WHAT	WHEN	WHERE	CONTACT	PHONE
BEDOK	Ramadhan Porridge Distribution	11,12,18,19,25 & 26 Jun 2016, 4.30pm – 6.30pm	Bedok CC Basketball Court	Bedok CC	6442 5317
BEDOK	Hari Raya Show 2016	23 Jul 2016, TBC	Please contact CC for more info	Bedok CC	6442 5317
	Dumpling Festival	Jun 2016, TBC	Please contact CC for more info	Ms. Tan Huixian	6781 6058
CHANGI SIMEI	Operation We Clean Up! @ Changi Simei	4 Jun 2016, 8.30am - 10am	Changkat Changi Secondary School	Please contact CC for more info	6781 6058
CHANGI SIMEI	Changi Simei Community Day 2016	4 Jun 2016, 9am - 1pm	Changkat Changi Secondary School	Please contact CC for more info	6781 6058
	Hair for Hope 2016 @ Changi Simei	5 Jun 2016, 11am - 2pm	Eastpoint Mall	Please contact CC for more info	6781 6058
	Emergency Preparedness Day	4 Jun 2016, 10am – 1pm	Open Space Outside Blk 212 – NTUC Fairprice	Ms. Lina	6241 9878
KG CHAI CHEE	East Coast Choir Concert	9 Jul 2016, 8pm – 9.30pm	School of the Arts, No. 1 Zubir Said Drive	Ms. Lina	6241 9878
	Hari Raya Celebration	16 Jul 2016, 7.30pm – 9.30pm	Kampong Chai Chee CC	Ms. Lina	6241 9878
SIGLAP	Traditional Chinese Medicine Consultation	Every 3rd Saturday, 7pm - 9pm	Siglap CC	Ms. Teo Peijun	6449 8040
SIGLAP	Children's Football League	Every Sat, 4.30pm – 6pm	Football field in front of Blk 163 Bedok South Rd	Mr. Matthew Poh	6449 8040
FENGSHAN	Fengshan Rummy-O Exchange Programme & Competition 2016	26 Jun 2016, 12pm - 5pm	Fengshan CC	Ms. Cynthia Teo	6449 5136
PENGONAN	Fengshan Hari Raya Celebration	23 Jul 2016, 7.30pm - 9.30pm	Fengshan CC	Ms. Anisa	6449 5136

The above dates and venues are accurate at press time. Please call to check.





Mdm Ng from Blk 108 Bedok North Rd was spotted depositing recyclables and was awarded with vouchers.



Mr. Khairul from Blk 131 Bedok North Ave 3 was spotted depositing recyclables and was awarded with vouchers.

# GO GREEN & Win with SEMBCORP!

Article contributed by Sembwaste Pte Ltd

Sembcorp, appointed public waste collector for the Bedok sector, has two easy and popular programmes to promote recycling.

### • Go Green Lucky Draw

Bag your recyclables with a lucky draw coupon before depositing them into a recycling bin. Three lucky winners are picked every quarter to receive vouchers from Sembcorp.

# Spot-Captain-Green

A Sembcorp representative randomly approaches residents who are spotted placing recyclables into recycling bins. The lucky residents are awarded with vouchers on the spot.



Contact Sembcorp to find out more.

Customer Service Hotline: 1800 278 6135 • Email: environment\_contactus@sembcorp.com

# YOUR MEMBERS OF PARLIAMENT MEET THE PEOPLE SESSIONS (MPS) Every Monday (except Public Holidays)



#### Mr. Lim Swee Say

Minister

Ministry of Manpower

Member of Parliament for East Coast GRC

MPS : Every Monday at 7.30pm (except public holidays)

Venue: Blk 30 New Upper Changi Road

#01-784 S(461030) : 6442 1955

: 6442 9210 Fax Email: Bedok@pap.org.sg

#### Dr. Mohamad Maliki Bin Osman

Senior Minister of State

Ministry of Defence & Ministry of Foreign Affairs & Mayor, South East District Member of Parliament for East Coast GRC

MPS : Every Monday at 8pm (except public holidays)

Venue: Blk 70 Bedok South Road #01-278 S(460070) MPS : Every last Friday at 8pm

(except public holidays) Venue: Blk 3 Changi Village Road

(Facing Changi Ferry Terminal) : 6241 5840

Fax : 6449 5329 Email: Siglap@pap.org.sg

#### Ms. Jessica Tan Soon Neo

Member of Parliament for East Coast GRC Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 131 Simei Street 1 #01-208 S(520131)

: 6587 0680 Fax : 6587 0681

Email: my.mp@changisimei.sg

#### Mr. Lee Yi Shyan

Member of Parliament for East Coast GRC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 408 Bedok North Avenue 2

#01-38 S(460408) : 6241 9935

Fax : 6241 9935 Email: Kg.Chai.Chee@pap.org.sg

#### Ms. Cheryl Chan Wei Ling

Member of Parliament for Fengshan SMC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 119 Bedok North Road

#01-209 S(460119) : 6442 9954

Fax : 6244 1306

Email: Fengshan@pap.org.sg



# **EMERGENCY** & **USEFUL NUMBERS**

Please call the Town Council at 6444 9549 if you have any query/ feedback on the following:

#### **ESTATE MAINTENANCE**

Conservancy and cleaning work on common property such as void decks, common corridors and car parks · Mechanical or electrical equipment such as lifts, water pumps, switch rooms and lighting • Landscaping and horticulture maintenance

#### **ENFORCEMENT ACTION**

Illegal parking of motor vehicles on common property • Illegal displays of signs and banners • Illegal plucking of fruit or shrubs • Indiscriminate dumping of unwanted items • Pilferage of Town Council's water and electricity • Vandalism of Town Council's property

To ensure immediate attention on your feedback, contact these agencies directly for the following:

### **ENVIRONMENTAL POLLUTION, CROWS**

National Environmental Agency (NEA) -----Email: Contact\_NEA@nea.gov.sg Department of Public Cleanliness (DPC)----- 1800-600 3333 Email: dpc@nea.gov.sg

#### **STRAY ANIMALS**

The Agri-Food & Veterinary Authority (AVA) ----- 1800-476 1600 Email: ava arc@ava.gov.sg Society for the Prevention of Cruelty to Animals (SPCA)

TRAFFIC LIGHTS

Land Transport Authority (LTA) ----- 1800-225 5582 Email: LTA@lta.gov.sg

#### LEASES, TENANCIES, RENOVATIONS, PERMITS,

#### **SEASON PARKING**

Housing Development Board (HDB) ---------- 6490 1111 General enquiries: hdbmailbox@hdb.gov.sg Car Park matters: hdbcarparks@hdb.gov.sg

### CDC/FSCS/COMMUNITY CLUBS/CENTRES

6243	8753
6325	1600
6449	0762
6449	1440
	6243 6325 6449 6449

Care Corner Family Services Centre (Tampines)	6786 6225
Bedok Community Centre	6442 5317
Changi Simei Community Club	6781 6058
Fengshan Community Club	6449 5136
Joo Chiat Community Club	6344 1926
Kg Chai Chee Community Centre	6241 9878
Siglap Community Centre	6449 8040

#### **POLICE**

Police Hotiline	1800-255	0000
Bedok North NPC	1800-244	9999
Bedok South NPC	1800-244	8999
Changi NPC	1800-587	2999
Bedok NPP	1800-241	9999
Siglap NPP	1800-448	9999
Tanah Merah NPP	1800-449	9999

#### **EMERGENCY SERVICES**

Fire / Ambulance	995
Ambulance Service (non-emergency)	1777
Police / Radio Police Car	999
Traffic Jam / Accident Reporting	6547 1818
Traffic Police (Enquiries)	6547 0000
SINGADODE DOWED	

----- 1800-752 1800

------ 1800-284 6600

#### ------ 1800-778 8888 Electricity --**ESSENTIAL NUMBERS**

Piped Gas Supply -----

Water Supply ---

24-Hour Essential ------ 1800-275 5555 Maintenance Service ----

HDB Branch Office Service Line ----- 1800-225 5432 **HANDYMAN SERVICES\***  Sanitary Works Nam Plumbing Engineering Pte Ltd ----- 9666 7057 Building Works Quek & Tan Building Contractors Pte Ltd ----- 9298 0971 Electrical Works Chuan Soon M&E Pte Ltd ----- 8661 5996

\*For more information, visit www.ectc.org.sg



**EAST COAST-FENGSHAN TOWN COUNCIL** 

# best home, brighter future EAST COASTNEWS

www.ectc.org.sg

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