EAST COASTNEWS

• East Coast-Fengshan Town Council • Block 206 Bedok North Street 1 #01-353 Singapore 460206 • Tel: 6444 9549 Fax: 6444 0775 • www.ectc.org.sg













Issue 108 for Oct/Nov 2016

Spot the Difference?

Can you spot 5 differences between these photos? Simply circle your answers and stand to Win A \$10 Shopping Voucher!





RULES & REGULATIONS

- Quiz for Issue #108, East Coast-Fengshan Town Council, Singapore 460206
- 2. Closing date is 30 December 2016
- 3. Only residents of East Coast GRC and Fengshan SMC are eligible to participate.

Name:		NRIC:
Address:		
Postal Code:	Contact No.:	

S/N Name



NRIC

SXXX1317J

What's Your Hobby?

Did you manage to find the right answers?



- Photography
- Yoga
- Painting
- Pottery
- Knitting
- Baking **Tennis**
- Fishing



SXXX8350A 1 Reyes Melinda Evelyn 2 Rahul Singh S/0 TXXX4957Z Jacolt Singh 3 Wahidah Hassim SXXX5592Z 4 Tiong Hoong Ping SXXX2037E Cho Yew Seng SXXX2755F Chew Soh Eng SXXX1881D 7 Lau Yue Loon Bernard SXXX3131A Wee Gek Suan SXXX58811

CONGRATULATIONS

TO WINNERS OF

QUIZ #107

SXXX7743D 10 Woo Weng Kee

9 Ladharam Mansha

Ramesh

Community Sports Day

Community Sports Day were held in various parts of East Coast-Fengshan on 23 July 2016. The series of events saw more than 1,500 residents trying out sports activities organized with the aim to promote racial harmony and community camaraderie. Residents of all ages participated in mass sports exercises such as Tai Chi, mass Zumba workout, Wushu and more. Talks on sports injury prevention and healthy cooking demonstration were also presented. Residents were able to discover their interests through the many activities available.

















SGSECURE

On 30 October 2016, more than 1,000 residents participated in the revamped EP Day in support of the national initiative, SGSecure in the Neighbourhood. Bedok is also one of the piloted towns to launch the program.

Member of Parliament Mr Lim Swee Say joined residents to witness a 'live' scenario exercise simulating a gunman attack in a neighbourhood setting. The exercise also featured response operations by Singapore Police Force's (SPF) Emergency Response Team, Singapore Civil Defence Force's (SCDF) responders as well as volunteers from the People's Association (PA) Community Emergency Response Team (CERT) who performed CPR and first aid on the 'injured'.

There were educational booths available to educate residents on the 3 key steps of Improvised First Aid Skill (IFAS-Press, Tie and Tell), CPR and AED awareness training as well as the steps to take during a weapon's attack (Run, Hide and Tell). The latest SGSecure App was also presented at the event.

The fire extinguishers initiative for Block 12, Bedok South Ave 2, an initiative in response to an unit which caught fire last year was also launched. Fire extinguishers are now being placed on every level of the block.



Save our Planet: Reduce, Reuse,



Recycle

Residents of East Coast-Fengshan have been, in our own ways, contributing to the reduction of our carbon footprint. From recycling newspaper to clothes, we can do our part to save our planet.

Check with your local RC for the recycling schedule of your block.

Changi Simei Zone 3 RC











iMakan iShare

Xin Kee Signature Curry House

Well known for its Crispy Chicken Cutlet Curry Rice, residents nominated Xin Kee Signature Curry House for its perfect combination of crispy chicken and flavourful curry rice.

Where: Bedok interchange Hawker Centre

Operating Hours: 11.00am - 9.00pm (close on Sundays)

- Curry Rice only starts at this hour
- 5.00am 10.30am (close on Sundays)
- Only Nasi Lemak and Economic Bee Hoon

Famous for:

- Crispy Chicken Cutlet Curry Rice
- Curry Chicken Drumstick
- Crispy Fish Cutlet Curry Rice
- Sweet & Sour Fish Cutlet Rice

Winners for iMakan iShare Entries

iMakan iShare Entries		
Name	NRIC	
Helen Ong	SXXX2505G	
Tan How Yen	SXXX0140H	

lice Loiur \$4.50 per plate

Watch this space for more iMakan iShare details in our next issue.



EAST COASTNEWS



Flowers bloomed in East Coast- Fengshan this season as gardens in our district competed in the Community In Bloom Award. Visit these award winning gardens in our town!

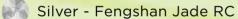


赵 Platinum - F<mark>en</mark>gshan Topaz R<mark>C</mark>



Silver - Fengshan Pearl RC







Silver - Fengshan Diamond RC - Block 76



Bronze - Fengshan Diamond RC - Block 184



Gold - Changi Point-Ubin Area Sub Community

Gold - Siglap East RC - Block 167



🔊 Silver - Siglap Lucky Valley RC



Silver - Bedok Ixora RC













Gold - Kampong Chai Chee Ruby RC

Silver - Kampong Chai Chee Longvale RC

Bronze - Kampong Chai Chee Rainbow Ville RC





The Community in Bloom Awards 2016 aims to promote community involvement in gardening by recognising the residents' efforts in creating and maintaining community gardens, as well as to encourage the sharing of creative ideas in gardening.

Gold - Kampong Chai Chee Bedok Town Centre RC

Gold - Kampong Chai Chee Linear Green RC





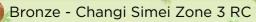


Gold - Bedok Bunga Merah RC 🛮 600 Gold - Bedok Sunflower RC 💮 🔊 Silver - Bedok Orchid RC - Garden I Bronze - Bedok Orchid RC - Garden II





Silver - Bedok Bougainvillea RC





Bulky Household Item Removal

Please do not endanger the lives of your family and neighbours by placing your bulky refuse/items in common corridors. The Town Council provides bulky household removal services. The first three items will be removed for free and additional items will cost \$5 each. Removal does not include renovation debris, items for housemoving and built-in items.



请不要把您的大件垃圾或物品摆放在公共走廊,以免危及您的家人和邻居的生命。市镇理事会提供免费的大件垃圾清理服务。免费清除首三件物品,之后每件物品将收费5元。这不包括清除装修废料、搬家和内置物品。

Sila jangan membahayakan nyawa keluarga dan jiran-jiran anda dengan meletakkan sampah besar/barangan anda di laluan koridor. Majlis Bandaran menyediakan servis pembuangan barang rumah secara percuma. Tiga barang pertama akan dibuangkan secara percuma dan setiap barang tambahan akan dicaj \$5 setiap satu. Pembuangan tidak termasuk serpihan pengubahsuaian, barangan untuk berpindah rumah, dan barang terbina dalam.

பொதுத் தாழ்வாரங்களில் உங்கள் பெருத்த குப்பைகள்/பொருட்களை வைப்பதன் காரணமாக உங்கள் குடும்பத்தினர் மற்றும் அக்கம் பக்கத்தினரின் உயிருக்கு அன்புகூர்ந்து ஆபத்தை ஏற்படுத்தாதீர்கள். பெருங்குப்பைகளை அகற்றும் சேவைகளை நகர மன்றம் இலசமாகச் செய்கிறது. முதல் மூன்று பொருட்கள் இலவசமாக அகற்றப்படும் மற்றும் கூடுதல் பொருட்களுக்கு ஒரு பொருளுக்கு §5 வீதம் கட்டணம் வசூலிக்கப்படும். புதுப்பித்தல் கழிவுகள், வீடு-மாறுதல் செய்வதற்கானப் பொருட்கள், உள்ளமைவுப் பொருட்கள் ஆகியவை இந்த அகற்றுதலில் அடங்காது.

Please call 6444 9549 or visit www.ectc.org.sg for more information.

Cleaner Air For All

With effect from 15 January 2013 and 1 June 2016, these places have been designated as smoke-free areas.

Secondhand smoke contributes to a range of serious and often fatal diseases. Hence, we encourage smokers to play their part to observe the ban. We also encourage non-smokers to be gracious when they see smokers lighting up in a prohibited area, reminding them gently that smoking is banned and requesting them to finish their cigarette elsewhere. Together, we can make Singapore a cleaner and healthier place for all to live in.

All common areas including:

Residential Estates:

- Linkways from bus stops to residential blocks
- Sheltered walkways, linkways and covered drop-off points
- Void decks
- Common corridors
- Staircase landings
- Stairwells
- Multi-purpose halls
- Lift lobbies
- Playgrounds and exercise areas

Public Spaces:

- All pedestrian bridges
- 5 metres from the edge of bus stops
- Hospital outdoor compounds

Parks:

- All neighbourhood parks within housing estates managed by respective Town Councils
- Other parks include:
 - Jurong Eco Garden @ CleanTech Park
 - Jurong Hill Garden of Fame
 - The public green at Changi Business Park
 - The public green at International Business Park
 - Sakra Park @ Jurong Island

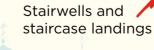




Lift lobbies and lifts



Void decks









Singapore Culture and Heritage Trail - Hainan Chapter

@ Bedok

More than 2,000 residents gathered on 15 October 2016 to learn more about the Hainan culture and dialect. Of the many activities held for the day, the heritage trail featured educational booths where residents can learn about the dialect group and their humble beginnings in Singapore. The genealogy seminar educated residents on the Hainan's roots in Singapore. The Hainan food fare featured a variety of stalls for the public to sample authentic hainanese cuisine. Residents also enjoyed a Hainan wushu performance and a Hainanese opera show.







Share your feedback

Your feedback help us improve.



6444 9549



ectcnet@ectc.org.sg

Good Morning. Thank you for sending the contractor to prune the overgrown trees behind Blks 109 and 110. As residents of the two blocks we would like to thank you for the prompt action taken.

- Resident Siew Kheng



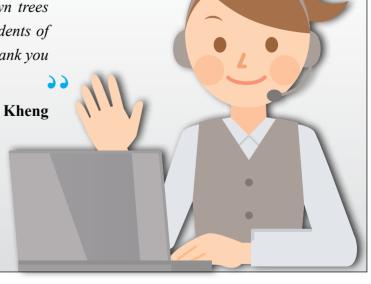
You can also download the iTown app by scanning the QR code below.











Safe Use of Lifts 安全使用电梯

DOs: 请:



Supervising adults should always accompany young children and ensure they do not place their hands on lift doors.

请陪同小孩搭乘电梯, 确保他们不会把手放在 电梯门上。



Do ensure that your leashed pet stays inside the lift as the doors close. 在电梯门关上之前,请确保宠物和宠物绳索都在电梯内。



Look out for persons rushing into the lift and press the "Door Open" button to hold the doors open.

若发现有人冲向电梯,请按"开门"按钮, 让电梯门保持敞开。

We use lifts everyday.
Observe these Dos and Don'ts when using lifts, to keep you and your family safe.

天 搭 乘 电 梯, 注 意 使 用 守 则, 确 保 人 人 安 全。

DON'Ts: 请勿:



Do not use any part of the body (e.g. hand/leg) to stop the doors from closing. Press the "Door Open" button instead. 请不要使用身体任何部位(如手脚)阻止电梯门关闭。请按"开门"按钮,将电梯门打开。



Do not try to pry open the lift doors when the lift stalls. Press the alarm button and wait for rescue.

如果电梯停止操作,请不要试图迫开电梯门。 请按警铃 等待数据



Do not jump or play in the lift. This may cause the lift to stall.

请不要在电梯里跳动或玩耍。这可能导致电梯 停止操作。



Do not stand near the lift doors. Small and thin objects like long skirts, leashes and backpack straps can get caught. 请不要站靠近电梯门边。细长的物品如长裙、宠物的绳索和背包带,可能被门夹住。



MID AUTUMN EVENTS







The Mid Autumn Festival on 10 September 2016 drew hundreds of residents in Bedok together under the moonlight to light up lanterns. Member of Parliament Mr Lim Swee Say joined in the Lantern Procession with residents both young and old. Residents also enjoyed activities such as magic shows, song and dance performances. It was a nostalgic night as residents celebrated an old Chinese tradition.







BEDOK

CHANGI SIMEI







PARC LUMIERE RC Centre OPENING



On 25 September 2016, some 250 residents witnessed the opening of Parc Lumiere RC centre. Member of Parliament Ms Jessica Tan graced the opening with the unveiling of the opening plaque. Residents enjoyed a morning of fun filled activities such as a handicraft workshop, speech & drama class and erhu workshop.

Residents can now look forward to more activities held in their RC centre.





DURIANS & FRUITS FEAST







Durians and fruits were the focus of attention at the Longvale Durian & Fruit Party on 21 August 2016. With games and quizzes, more than 120 residents enjoyed an afternoon of laughter with Member of Parliament Mr Lee Yi Shyan. It was truly a feastful day!







KG CHAI CHEE

SIGLAP







CHIT CHAT





Some 31 residents from Block 165 joined in the Dialogue and block party on 27 August 2016. Member of Parliament Dr Mohd Maliki Osman addressed the dialogue with concerns such as the Home Improvement Programme (HIP), Upcoming MRT, HDB policies and the recent National Day Rally (NDR). The dialogue ended with a delicious buffet tea reception spread.





PG VARIETY SHOW







Some 800 residents were treated to a night of entertainment on 30 July 2016. The Fengshan Pioneer Generation Variety Show featured popular artistes and Member of Parliament Ms Cheryl Chan was present at the event to join in the fun which was filled with laughter and singing as residents enjoyed the entertainment and refreshments.







FENGSHAN

RC RECYCLING SCHEDULE NOV / DEC 2016 / JAN 2017

Date	Nov / Dec 2016 / Jan 2017	Time	Address	Organised by	
BEDOK					
Every 3rd Sunday	20 Nov, 18 Dec 2016 & 15 Jan 2017	10.30am - 12pm	Blk 37 Bedok South Ave 2 #01-445	Bedok Bunga Merah RC	
Every last Sunday	27 Nov, 25 Dec 2016 & 29 Jan 2017	9am - 11am	Blk 10C Bedok South Ave 2 #01-562	Bedok Orchid RC	
KG CHAI CHEE					
Every 2nd Saturday	12 Nov, 10 Dec 2016 & 7 Jan 2017	11am - 1pm	Blk 138 Bedok North Rd 2 #01-147	Kg Chai Chee Ruby RC	
Every 2nd Sunday	13 Nov, 18 Dec 2016 & 8 Jan 2017	11am - 1pm	Blk 221A Bedok Central #01-70	Kg Chai Chee Linear Green RC	
Every last Sunday	27 Nov, 25 Dec 2016 & 29 Jan 2017	9.30am - 11.30am	Blk 765 Bedok Reservoir View	Kg Chai Chee Longvale RC	
			SIGLAP		
Every 3rd Sunday	20 Nov, 18 Dec 2016 & 15 Jan 2017	11am - 1pm	Blk 167 Bedok South Ave 3 #01-501	Siglap East RC	
Every last Sunday	27 Nov, 25 Dec 2016 & 29 Jan 2017	1pm - 3pm	Blk 71 Bedok South Rd #01-250	Siglap Lucky Valley RC	
Every last Sunday	27 Nov, 25 Dec 2016 & 29 Jan 2017	8.30am - 10am	Blk 51 New Upper Changi Rd #01-1500	Bedok Ixora RC	
		F	ENGSHAN		
Every last Sunday	27 Nov, 25 Dec 2016 & 29 Jan 2017	9am - 11am	Blk 111 Bedok North Rd #01-323/325	Fengshan Jade RC	
Every 1st Sunday	6 Nov, 4 Dec 2016 & 1 Jan 2017	9am - 10am	Blk 124 Bedok North Rd #01-155	Fengshan Crystal RC	
Every 2nd Sunday	13 Nov, 18 Dec 2016 & 8 Jan 2017	10am - 12pm	Blk 93 Bedok North St 4 #01-1461	Fengshan Topaz RC	
Every 2nd Sunday	13 Nov, 18 Dec 2016 & 8 Jan 2017	9am - 12pm	Void Deck at Blk 185 Bedok North Rd Void Deck at Blk 79 Bedok North Rd	Fengshan Diamond RC	
Every 3rd Sunday	20 Nov, 18 Dec 2016 & 15 Jan 2017	9am - 11am	Blk 104 Bedok North Ave 4 #01-2186	Fengshan Pearl RC	
		СН	ANGI SIMEI*		
Every 3rd Saturday	19 Nov, 17 Dec 2016 & 21 Jan 2017	2pm - 5pm	Blk 155 Simei Road #01-202	Changi Simei Zone 3	

AKAN DATANG 即将来临 COMING SOON விரைவில்வருகிறது

	WHAT	WHEN	WHERE	CONTACT	PHONE
BEDOK	Countdown to 2017 @ Bedok	31 Dec 2016 9pm - 12.15am	Blk 15 Community Park	Ms Fazlina	6449 6323
CHANGI	Changi Simei Senior Citizen's Nite	26 Nov 2016 5.30pm - 10pm	Changi Simei CC Hall	Ms Chng Swee Ting	6781 6058
SIMEI	NLB Mass Book Borrowing @ Changi Simei	3 Dec 2016 1pm - 5pm	Changi Simei CC Hall	Ms Amelda Hamdan	6781 6058
KC CHALCHE	Christmas Choral	Dec 2016	Please contact CC for more info	Ms Lina	6241 9878
KG CHAI CHEE	Vrun 2017	19 Feb 2017	Bedok Reservoir	Mr Jae Tay	6241 9878
SIGLAP	Traditional Chinese Medicine Consultation	Every 3rd Saturday 7pm - 9pm	Siglap CC	Ms Teo Peijun	6449 8040
FENCSHAN	Playland@Fengshan 2016	17 Dec 2016 TBC	Fengshan CC	Mr Kenneth Leong & Ms Chin Ying Min	6449 5136
FENGSHAN	Fengshan Lunar New Year Reunion Dinner 2017	Please contact CC for	more info		

The above dates and venues are accurate at press time. Please call to check.





was spotted depositing recyclables and was awarded with vouchers.



Mr Sunny Tay from Blk 127 Bedok North St 2 was spotted depositing recyclables and was awarded with vouchers.

GO GREEN & Win with SEMBCORP!

Article contributed by Sembwaste Pte Ltd

Sembcorp, appointed public waste collector for the Bedok sector, has two easy and popular programmes to promote recycling.

• Go Green Lucky Draw

Bag your recyclables with a lucky draw coupon before depositing them into a recycling bin. Three lucky winners are picked every quarter to receive vouchers from Sembcorp.

• Spot-Captain-Green

A Sembcorp representative randomly approaches residents who are spotted placing recyclables into recycling bins. The lucky residents are awarded with vouchers on the spot.



Contact Sembcorp to find out more.

Customer Service Hotline: 1800 278 6135 • Email: environment contactus@sembcorp.com

YOUR **MEMBERS** OF **PARLIAMENT**

MEET THE PEOPLE SESSIONS (MPS) Every Monday (except Public Holidays)



.....

Mr Lim Swee Say

Minister

Tel

Ministry of Manpower

Member of Parliament for East Coast GRC

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 30 New Upper Changi Road

#01-784 S(461030) : 6442 1955

Fax : 6442 9210 Email: Bedok@pap.org.sg

Ms Jessica Tan Soon Neo

Member of Parliament for East Coast GRC Chairman of East Coast-Fengshan

Town Council MPS : Every Monday at 7.30pm (except public holidays)

Venue : Blk 131 Simei Street 1 #01-208 S(520131)

: 6587 0680 Tel Fax : 6587 0681

Email: my.mp@changisimei.sg

Dr Mohamad Maliki Bin Osman

Senior Minister of State Ministry of Defence & Ministry of Foreign Affairs & Mayor, South East District

Member of Parliament for East Coast GRC MPS : Every Monday at 8pm (except public holidays)

Venue: Blk 70 Bedok South Road #01-278 S(460070) : Every last Friday at 8pm

(except public holidays) Venue: Blk 3 Changi Village Road (Facing Changi Ferry Terminal)

Tel : 6241 5840 : 6449 5329 Email: Siglap@pap.org.sg

Mr Lee Yi Shyan

Member of Parliament for East Coast GRC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 408 Bedok North Avenue 2

#01-38 S(460408) : 6241 9935 Tel Fax : 6241 9935

Email: Kg.Chai.Chee@pap.org.sg

Ms Cheryl Chan Wei Ling

Member of Parliament for Fengshan SMC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 119 Bedok North Road

#01-209 S(460119) : 6442 9954 Tel : 6244 1306 Fax

Email: Fengshan@pap.org.sg



EMERGENCY & **USEFUL NUMBERS**

Please call the Town Council at 6444 9549 if you have any query/ feedback on the following:

ESTATE MAINTENANCE

Conservancy and cleaning work on common property such as void decks, common corridors and car parks · Mechanical or electrical equipment such as lifts, water pumps, switch rooms and lighting . Landscaping and horticulture maintenance

ENFORCEMENT ACTION

Illegal parking of motor vehicles on common property • Illegal displays of signs and banners • Illegal plucking of fruit or shrubs • Indiscriminate dumping of unwanted items • Pilferage of Town Council's water and electricity • Vandalism of Town Council's property

To ensure immediate attention on your feedback, contact these agencies directly for the following:

ENVIRONMENTAL POLLUTION, CROWS

National Environmental Agency (NEA) --------- 1800-225 5632 Email: Contact_NEA@nea.gov.sg Department of Public Cleanliness (DPC)------ 1800-600 3333 Email: dpc@nea.gov.sg

STRAY ANIMALS

The Agri-Food & Veterinary Authority (AVA) ----- 1800-476 1600 Email: ava_arc@ava.gov.sg Society for the Prevention of Cruelty to Animals (SPCA)

- 6287 5355 Email: enquiries@spca.org.sg ----

TRAFFIC LIGHTS

Land Transport Authority (LTA) ----- 1800-225 5582 Email: feedback@lta.gov.sg

LEASES, TENANCIES, RENOVATIONS, PERMITS,

SEASON PARKING

Housing Development Board (HDB) ----- 6490 1111 General enquiries: hdbmailbox@hdb.gov.sg Car Park matters: hdbcarparks@hdb.gov.sg

CDC/FSCS/COMMUNITY CLUBS/CENTRES

South East CDC	6243	8753
Community Mediation Centre	6325	1600
TRANS Centre (TRANS Family Services)	6449	0762

Moral Family Service Centre	6449	1440
Care Corner Family Services Centre (Tampines)	6786	6225
Bedok Community Centre	6442 !	5317
Changi Simei Community Club	6781 (6058
Fengshan Community Club	6449 !	5136
Kg Chai Chee Community Centre	6241	9878
Siglap Community Centre	64498	3040

POLICE Police Hotline ------- 1800-255 0000 Bedok North NPC ----- 1800-244 9999 Bedok South NPC ----- 1800-244 8999 - 1800-587 2999 Changi NPC -----Bedok NPP ----- 1800-241 9999 Siglap NPP ------- 1800-448 9999 Tanah Merah NPP ---------- 1800-449 9999

EMERGENCY SERVICES

Fire / Ambulance	995
Ambulance Service (non-emergency)	1777
Police / Radio Police Car	999
Traffic Jam / Accident Reporting	6547 1818
Traffic Police (Enquiries)	6547 0000
SINGAPORE POWER	
Piped Gas Supply	1800-752 1800

------1800-284 6600

----- 1800-778 8888

Electricity •

Water Supply --

ESSENTIAL NUMBERS 24-Hour Essential ------ 1800-275 5555 Maintenance Service -HDB Branch Office Service Line ----- 1800-225 5432

HANDYMAN SERVICES*

 Sanitary Works Nam Plumbing Engineering Pte Ltd ----- 9666 7057 Building Works Quek & Tan Building Contractors Pte Ltd ----- 9298 0971 Electrical Works

Chuan Soon M&E Pte Ltd ----- 8661 5996

*For more information, visit www.ectc.org.sg



best home, brighter future

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Published Bi-monthly by East Coast-Fengshan Town Council Design & Production by Paddyfield Pte Ltd

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