

EAST COAST NEWS

• East Coast-Fengshan Town Council • Block 206 Bedok North Street 1 #01-353 Singapore 460206 • Tel: 6444 9549 Fax: 6444 0775 • www.ectc.org.sg



**ANSWER
& WIN**

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**CHRISTMAS & YEAR
END CELEBRATIONS**

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**SOUTH EAST
CLEAN & GREEN
SINGAPORE
CARNIVAL**

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Our Facebook Page



Spot the Difference?

Can you spot **5** differences between these photos? Simply circle your answers and stand to
Win A \$10 Shopping Voucher!



RULES & REGULATIONS

- 1. Fill in your personal details, cut out the quiz and mail it to:
*Quiz for Issue #109, East Coast-Fengshan Town Council,
Block 206 Bedok North Street 1, #01-353,
Singapore 460206*
- 2. Closing date is 28 February 2017.
- 3. Only residents of East Coast GRC and Fengshan SMC are eligible to participate.

Name: _____ NRIC: _____

Address: _____

Postal Code: _____ Contact No.: _____

Email: _____ Division: _____



Answers
for last issue

Spot the Difference?

Did you manage to find the answers?



CONGRATULATIONS TO WINNERS OF QUIZ #108

S/N	Name	NRIC
1	Jamaludin Bahari	SXXX9739G
2	Lam Soon Yin	SXXX9056A
3	Peh Cheng Tian	SXXX7787F
4	Maureen Lewis	SXXX4902Z
5	Premchand Odhrani	SXXX3300A
6	Ng Ee Ping	SXXX6955D
7	Nurdini Bte Ishak	TXXX9363H
8	Roslee Bin Abdullah	SXXX5711C
9	Nur Rafidah	SXXX3266G
10	Koh Meng Hong	SXXX8612I



Land Transport Authority

Share your feedback

Your feedback help us improve.



6444 9549



ectcnet@ectc.org.sg



You can also download the iTown app by scanning the QR code below.



“Compliments to East Coast-Fengshan Town Council's horticultural team. The horticultural team promptly responded and took remedial action towards the safety of residents and their property.

Dried, dangling palm tree branches and another palm tree's crown was in a state of collapse at the car park. East Coast-Fengshan Town Council was contacted in the afternoon and remedial action was taken the next morning. The series of actions that were taken and the almost immediate action taken for the benefits of the residents deserves complimenting.

Thank you! East Coast-Fengshan Town Council and from the residents of Blk 156, Simei Road!

Best regards!

- Resident Pat





MERRY CHRISTMAS!



“We wish you a Merry Christmas, we wish you a Merry Christmas...” Residents celebrated Christmas with style in parties all over our town. Activities such as carols singing, rock climbing, stage performances and lucky draws were enjoyed by children and adults alike. Christmas dinner spreads warmed the stomach as well as our hearts as we celebrated the festivities with our Members of Parliament and neighbours.



Goodbye 2016, Hello 2017

Residents were in for a great night as we welcomed 2017 together with Members of Parliament in parties held in various parts of our town. It was a night of fun and laughter as residents were wowed with stage performances, movie screenings, lucky draws and dances! The excitement on the floor grew as New Year crept closer and 2017 started with a splendid display of fireworks! Welcome 2017!





Welcoming the Festival of Lights

Residents of all races came together to celebrate the Festival of Lights in the month of November. The Deepavali celebrations held in different parts of our town was the perfect opportunity for residents to find out more about the festival while mingling with their Indian neighbours. Diwali lamps were lit, a significant tradition of the Deepavali celebrations as Members of Parliament mingled with residents. Guests dined on scrumptious dinner while being entertained by Indian classical and folk dance performances, games and lucky draws.



KNOWING YOUR CARE OPTIONS NEAR YOU

MENTAL HEALTH SUPPORT:
Care services for those with mental health needs

DAY CARE CENTRE

DAY CARE:
Care services at centres for seniors during the day

STAY-IN CARE:
Residential care for seniors with complex needs

RESPIRE FOR CAREGIVERS:
Temporary care for seniors while caregivers take a short break

HOME CARE:
Care services for frail or homebound seniors

aic
agency for integrated care

Want to find out more about these services and financial help?



www.silverpages.sg



1800-650-6060



AICare Link

SMILE SWIMMERS
www.smileswimmers.com

Infants
3 months to 12 months

Preschools
2.5 years old to 4 years old

Toddlers
13 months to 28 months

Kids
5 years old and onwards

Smile Swimmers is Singapore's leading swimming school specializing in teaching infants, toddlers, preschoolers and young children the basics of swimming instruction. Since 2011, we have been the number one choice of parents for our skilled swim instructors, easy to follow curriculum and the effectiveness of our young swimmers.

Other related services:

- Underwater photography
- Adult swimming lessons
- Ladies and pregnancy swimming programs
- Special needs swimming lessons
- Life saving courses
- Childcare programs

kidd@smileswimmers.com 9661 6071 (Coach Kidd) Smileswimmers



Tree Planting Day

The Tree Planting Day kicked off with residents planting trees such as yellow bell trees in various parts of our town. Members of Parliament Dr Mohd Maliki Osman, Mr Lee Yi Shyan and Ms Cheryl Chan together with residents rolled up their sleeves to do their part for Planet Earth. Many fringe activities were organised for the residents as well.





South East Clean & Green Singapore Carnival

The two-day South East Clean & Green Singapore Carnival, jointly organised by National Environment Agency (NEA) and South East CDC, was attended by more than 5,000 residents on 12 & 13 November 2016. NEA and South East CDC have launched a pilot programme “Eco Kepalas @ South East Organisations” with four corporate and community partners to groom Eco Kepalas or environmental champions in the South East district. This was announced by Dr Maliki Bin Osman, Mayor of South East District, Grassroots Adviser to East Coast GRC, at the South East Clean & Green Singapore (CGS) Carnival, held at Bedok Town Square.

The Carnival was graced by Guest-of-Honour Mr Goh Chok Tong, Emeritus Senior Minister, Grassroots Adviser to Marine Parade GRC GROs. The carnival featured exciting carnival games and interactive exhibits to educate children and the public on the importance of keeping the environment clean and green. Visitors also took part in DIY terrarium and Upcycling workshops, green cooking demonstrations, and art jamming sessions. Visitors also brought their recyclables to the carnival as part of their recycling efforts. Residents additionally displayed their artistic skills in the Tetra Pak Clean & Green Colouring Competition. Families also took part in the Family Recycling Bin Prototype Creation contest for a chance to win attractive prizes.



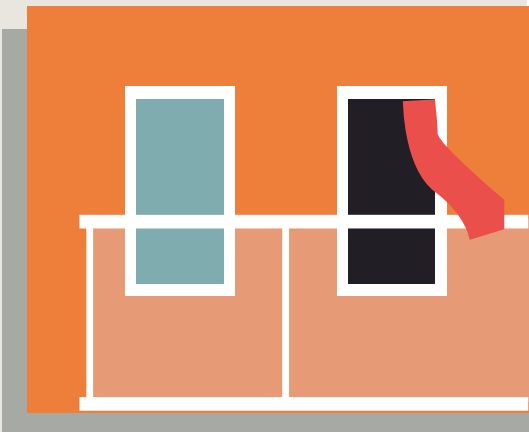
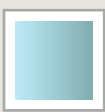
Changi Simei

Neighbourhood Renewal Programme - 2nd Survey

Residents of Block 242 to 247 and 253 to 256 Simei Street 5 & 1 participated in the 2nd Survey for the Neighbourhood Renewal Programme (NRP) from 10 - 17 December 2016. The feedback gathered will enable the NRP working committee to have residents' inputs before the finalisation of the proposed NRP Plans.

Under the NRP, the neighbourhood will be upgraded with new, better common area facilities for residents to enjoy. The cost of the NRP will be fully funded by the budget provided by the Government.

The NRP working committee will be organising an exhibition to share with residents the proposed improvement works in the first quarter of 2017. This will allow us to hear from you again during the session. We look forward to your active participation and support for the NRP. This will enable us to create a more vibrant and conducive environment for all residents of this precinct.



Where:
Bedok interchange Hawker Centre
Operating Hours:
4.30am - 11pm (daily)
- to cater to early morning workers

Different options available:
(1) Chili sauce, (2) Black sauce,
(3) Chili with black sauce, (4) Tomato sauce,
(5) Wonton noodle (soup), (6) Wonton soup,
(7) Fried wantons



iMakan iShare

PONTIAN WANTON NOODLES

Introducing the most popular wanton noodles from Pontian, Malaysia. Probably the best in town, selling over 1,000 bowls per day in Malaysia.

With its traditional secret recipe, the wanton noodles and fried crispy wanton is a **must** try!



\$3.00 - \$3.50 for wanton mee
\$1.00 - 4 pieces fried wantons
\$1.60 - 7 pieces fried wantons
\$3.00 - 14 pieces fried wantons

PRICE POINT

EAST COAST GRC & FENGSHAN SMC

妆艺 CHINGAY 2017 @ HEARTLANDS

SOUNDWAVES CHINGAY, WE CARE SINGAPORE
 狮韵妆艺, 同心关怀新加坡

25 FEBRUARY 2017

STATION

1

CHANGI SIMEI

LAUNCHING SITE

Fringe Activities: 5.30pm – 8.30pm
 Float Display: 5.30pm – 6.00pm
 @ Changi Simei Community Club
 (10 Simei Street 2 (S) 529915)
 Float Procession: 6.00pm-6.35pm
 @ Open Field beside Eastpoint Mall
 (Simei Street 1)

STATION

2

SIGLAP

Fringe Activities: 5.30pm – 8.00pm
 Float Procession: 7.10pm – 7.20pm
 @ Siglap Community Centre
 (300 Bedok South Avenue 3 (S) 469299)

STATION

3

KAMPONG CHAI CHEE

Fringe Activities: 6.30pm – 9.00pm
 Float Procession: 7.50pm – 8.00pm
 @ Bedok Town Square
 (Between Bedok Mall & Blk 208B
 Bedok Interchange Food Centre)

STATION

4

FENGSHAN

Fringe Activities: 6.30pm – 10.00pm
 Float Procession: 8.30pm – 8.40pm
 @ Open Area outside Blk 85 Market
 (Bedok North Road)

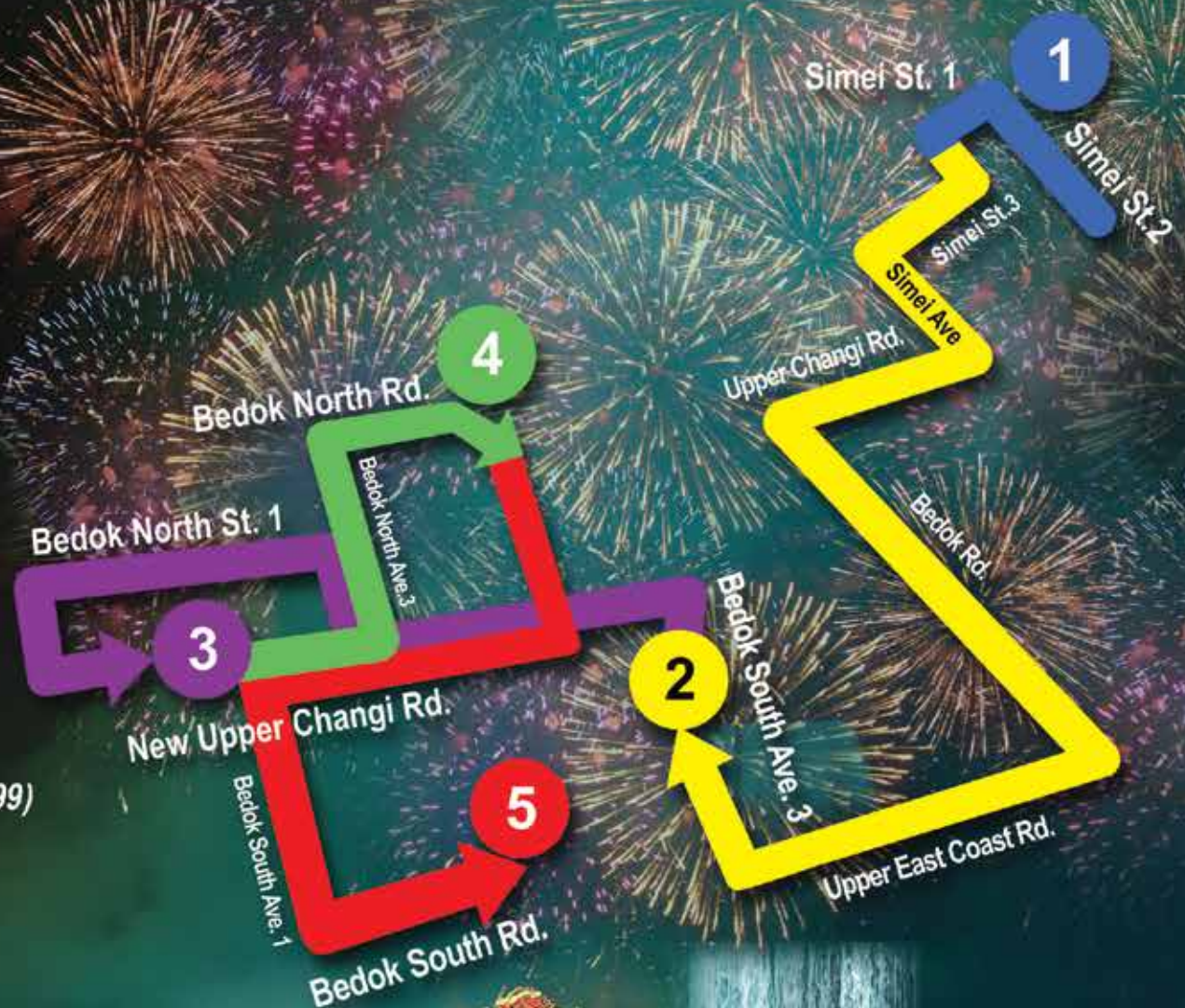
STATION

5

BEDOK

FINALE SITE

Fringe Activities: 8.00pm – 10.00pm
 Float Procession: 9.05pm – 9.15pm
 @ Open Field in front of Blk 21
 (Bedok South Road)



For more information, please contact: Changi Simei CC (6781 6058) Siglap CC (6449 8040) Kampong Chai Chee CC (6241 9878) Fengshan CC (6449 5136) Bedok CC (6442 5317)



People's Association



Citizens' Consultative Committees



Residents' Committees



Neighbourhood Committees



Community Development Council

SOUTH EAST
Community Development Council

THE BEDOK COMMUNITY FOR ALL AGES DAY (CFAA)



The Bedok Community For All Ages Day (CFAA) on 13 November 2016 was attended by more than 1,000 residents. The day was filled with events for all ages as residents enjoyed mass Zumba sessions, health talks and stage performances. Member of Parliament Mr Lim Swee Say also presented plaques to community partners in appreciation of their active work in promoting active lifestyle for seniors in Bedok. The Bedok CFAA Logo was also officially launched. Residents also enjoyed the exhibition and bouncing inflatables. Through the activities, seniors were encouraged to stay healthy, happy, purposeful and productive.



BEDOK

CHANGI SIMEI



ECHO HEALTH SCREENING

723 residents from our town attended the ECHO Health Screening on 5 and 6 November 2016. The highly subsidised screening consisting of five tests – high blood pressure, obesity, diabetes, high blood cholesterol and risk of falls – was for residents aged 40 year old and above. Members of the Pioneer Generation were given free screenings. Participants enjoyed healthy and light refreshments after their tests. Member of Parliament Ms Jessica Tan was also present to mingle with residents.



GRANDPARENTS' NITE



More than 330 residents gathered on 26 November 2016 to celebrate Grandparents' Nite. A friendly singing competition was held for the seniors as 28 participants wowed the guests with their fabulous singing. The best dressed was even presented with a prize! It was certainly a night to remember!



KG CHAI CHEE

SIGLAP



CHIT CHAT @ SIGLAP

Residents of Siglap attended the dialogue session on 8 October 2016. Member of Parliament Dr Mohd Maliki Osman took this opportunity to discuss national policies and residents' concerns. It was certainly a very informative session.



Topaz Farmers' Market



A Farmers' Market was organised on 6 November 2016. The event kicked off with a tour of the market with Member of Parliament Ms Cheryl Chan. More than 150 residents enjoyed a cool Sunday with the blooms and greens. Many tried their hands in creating their very own unique potted plant and residents even brought home their favourite pot!



FENGSHAN

RC RECYCLING SCHEDULE FEB / MAR / APR 2017



Date	Nov / Dec 2016 / Jan 2017	Time	Address	Organised by
BEDOK				
Every 3rd Sunday	19 Feb, 19 Mar & 16 Apr 2017	10.30am - 12pm	Blk 37 Bedok South Ave 2 #01-445	Bedok Bunga Merah RC
Every last Sunday	26 Feb, 26 Mar & 26 Apr 2017	9am - 11am	Blk 10C Bedok South Ave 2 #01-562	Bedok Orchid RC
KG CHAI CHEE				
Every 2nd Saturday	11 Feb, 11 Mar & 9 Apr 2017	11am - 1pm	Blk 138 Bedok North Rd 2 #01-147	Kg Chai Chee Ruby RC
Every 2nd Sunday	12 Feb, 12 Mar & 12 Apr 2017	11am - 1pm	Blk 221A Bedok Central #01-70	Kg Chai Chee Linear Green RC
Every last Sunday	26 Feb, 26 Mar & 26 Apr 2017	9.30am - 11.30am	Blk 765 Bedok Reservoir View	Kg Chai Chee Longvale RC
SIGLAP				
Every 3rd Sunday	19 Feb, 19 Mar & 16 Apr 2017	11am - 1pm	Blk 167 Bedok South Ave 3 #01-501	Siglap East RC
Every last Sunday	26 Feb, 26 Mar & 26 Apr 2017	1pm - 3pm	Blk 71 Bedok South Rd #01-250	Siglap Lucky Valley RC
Every last Sunday	26 Feb, 26 Mar & 26 Apr 2017	8.30am - 10am	Blk 51 New Upper Changi Rd #01-1500	Bedok Ixora RC
FENGSHAN				
Every last Sunday	26 Feb, 26 Mar & 26 Apr 2017	9am - 11am	Blk 111 Bedok North Rd #01-323/325	Fengshan Jade RC
Every 1st Sunday	5 Feb, 5 Mar & 9 Apr 2017	9am - 10am	Blk 124 Bedok North Rd #01-155	Fengshan Crystal RC
Every 2nd Sunday	12 Feb, 12 Mar & 12 Apr 2017	10am - 12pm	Blk 93 Bedok North St 4 #01-1461	Fengshan Topaz RC
Every 2nd Sunday	12 Feb, 12 Mar & 12 Apr 2017	9am - 12pm	Void Deck at Blk 185 Bedok North Rd Void Deck at Blk 79 Bedok North Rd	Fengshan Diamond RC
Every 3rd Sunday	19 Feb, 19 Mar & 16 Apr 2017	9am - 11am	Blk 104 Bedok North Ave 4 #01-2186	Fengshan Pearl RC
CHANGI SIMEI*				
Every 3rd Saturday	18 Feb, 18 Mar, 15 Apr 2017	2pm - 5pm	Blk 155 Simei Road #01-202	Changi Simei Zone 3

*Veolia Waste Provider

AKAN DATANG

即将来临

COMING SOON

விரைவில் வருகிறது

	WHAT	WHEN	WHERE	CONTACT	PHONE
BEDOK	Dispatcher Assisted First Responder Programme (DARE)	26 Feb 2017 9am - 11am	Bedok CC Conference Room	Ms Cadence	6442 5317
CHANGI SIMEI	Changi Simei RC Zone 4 CNY Dinner	4 Feb 2017 6pm - 9.30pm	Multipurpose Hall at Block 229 Simei Street 4	Ms Michelle Lee	6781 6058
	Dialogue on Budget 2017	24 Feb 2017 7.30pm - 9.30pm	Changi Simei CC Multipurpose Hall, Level 2	Ms Chng Swee Ting	
	Community Health Post	7 April 2017 8.30am - 12.30pm	Changi Simei CC Level 5	Ms Tan Hui Xian	
KG CHAI CHEE	V Run 2017	19 Feb 2017 3pm	Bedok Reservoir	Mr Jae Tay	6241 9878
SIGLAP	Chinese New Year Dinner for Siglap Elderly	05 Feb 2017 6pm - 10pm	Siglap CC	Ms Teo Pei Jun	6449 8040
	Traditional Chinese Medicine Consultation	Every 3rd Saturday 7pm - 9pm *Consultation will start in Feb			
FENGSHAN	Let's Be Healthy, Say No to Diabetes	11 Mar 2017 10.30am - 1.30pm	Fengshan CC	Ms Ong Suat Neo / Ms Anisa	6449 5136
	Emergency Preparedness Day: SG Secure	26 Mar 2017	Please contact CC for more info	Ms Ong Suat Neo	
Chingay Parade at Heartlands		25 Feb 2017 6pm - 10pm	Please contact CC for more info		

The above dates and venues are accurate at press time. Please call to check.



GO GREEN & Win with SEMBCORP!

Article contributed by Sembwaste Pte Ltd

Sembcorp, appointed public waste collector for the Bedok sector, has two easy and popular programmes to promote recycling.

• Go Green Lucky Draw

Bag your recyclables with a lucky draw coupon before depositing them into a recycling bin. Three lucky winners are picked every quarter to receive vouchers from Sembcorp.

• Spot-Captain-Green

A Sembcorp representative randomly approaches residents who are spotted placing recyclables into recycling bins. The lucky residents are awarded with vouchers on the spot.



Mr Andrew Ho from Blk 126 Bedok North St 2 was spotted depositing recyclables and was awarded with vouchers.



Mdm Sariffah from Blk 12 Bedok South Ave 3 was spotted depositing recyclables and was awarded with vouchers.



Contact Sembcorp to find out more.

Customer Service Hotline: 1800 278 6135 • Email: environment_contactus@sembcorp.com

YOUR MEMBERS OF PARLIAMENT

MEET THE PEOPLE SESSIONS (MPS)
Every Monday (except Public Holidays)



Mr Lim Swee Say Minister Ministry of Manpower Member of Parliament for East Coast GRC MPS : Every Monday at 7.30pm (except public holidays) Venue : Blk 30 New Upper Changi Road #01-784 S(461030) Tel : 6442 1955 Fax : 6442 9210 Email : Bedok@pap.org.sg	Dr Mohamad Maliki Bin Osman Senior Minister of State Ministry of Defence & Ministry of Foreign Affairs & Mayor, South East District Member of Parliament for East Coast GRC MPS : Every Monday at 8pm (except public holidays) Venue : Blk 70 Bedok South Road #01-278 S(460070) MPS : Every last Friday at 8pm (except public holidays) Venue : Blk 3 Changi Village Road (Facing Changi Ferry Terminal) Tel : 6241 5840 Fax : 6449 5329 Email : Siglap@pap.org.sg	Ms Jessica Tan Soon Neo Member of Parliament for East Coast GRC Chairman of East Coast-Fengshan Town Council MPS : Every Monday at 7.30pm (except public holidays) Venue : Blk 131 Simei Street 1 #01-208 S(520131) Tel : 6587 0680 Fax : 6587 0681 Email : my.mp@changisimei.sg	Mr Lee Yi Shyan Member of Parliament for East Coast GRC Vice Chairman of East Coast-Fengshan Town Council MPS : Every Monday at 7.30pm (except public holidays) Venue : Blk 408 Bedok North Avenue 2 #01-38 S(460408) Tel : 6241 9935 Fax : 6241 9935 Email : Kg.Chai.Chee@pap.org.sg	Ms Cheryl Chan Wei Ling Member of Parliament for Fengshan SMC Vice Chairman of East Coast-Fengshan Town Council MPS : Every Monday at 7.30pm (except public holidays) Venue : Blk 119 Bedok North Road #01-209 S(460119) Tel : 6442 9954 Fax : 6244 1306 Email : Fengshan@pap.org.sg
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EMERGENCY & USEFUL NUMBERS

Please call the Town Council at **6444 9549** if you have any query/feedback on the following:

ESTATE MAINTENANCE

Conservancy and cleaning work on common property such as void decks, common corridors and car parks • Mechanical or electrical equipment such as lifts, water pumps, switch rooms and lighting • Landscaping and horticulture maintenance

ENFORCEMENT ACTION

Illegal parking of motor vehicles on common property • Illegal displays of signs and banners • Illegal plucking of fruit or shrubs • Indiscriminate dumping of unwanted items • Pilferage of Town Council's water and electricity • Vandalism of Town Council's property

To ensure immediate attention on your feedback, contact these agencies directly for the following:

ENVIRONMENTAL POLLUTION, CROWS

National Environmental Agency (NEA) ----- 1800-225 5632
Email: Contact_NEA@nea.gov.sg

Department of Public Cleanliness (DPC)----- 1800-600 3333
Email: dpc@nea.gov.sg

STRAY ANIMALS

The Agri-Food & Veterinary Authority (AVA) ----- 1800-476 1600
Email: ava_arc@ava.gov.sg

Society for the Prevention of Cruelty to Animals (SPCA)
Email: enquiries@spca.org.sg ----- 6287 5355

TRAFFIC LIGHTS

Land Transport Authority (LTA) ----- 1800-225 5582
Email: feedback@lta.gov.sg

LEASES, TENANCIES, RENOVATIONS, PERMITS,

SEASON PARKING

Housing Development Board (HDB) ----- 6490 1111
General enquiries: hdbmailbox@hdb.gov.sg
Car Park matters: hdbcarparks@hdb.gov.sg

CDC/FSCS/COMMUNITY CLUBS/CENTRES

South East CDC ----- 6243 8753
Community Mediation Centre ----- 6325 1600
TRANS Centre (TRANS Family Services) ----- 6449 0762

Moral Family Service Centre -----	6449 1440
Care Corner Family Services Centre (Tampines)-----	6786 6225
Bedok Community Centre -----	6442 5317
Changi Simei Community Club -----	6781 6058
Fengshan Community Club -----	6449 5136
Kg Chai Chee Community Centre -----	6241 9878
Siglap Community Centre -----	6449 8040

POLICE

Police Hotline -----	1800-255 0000
Bedok North NPC -----	1800-244 9999
Bedok South NPC -----	1800-244 8999
Changi NPC -----	1800-587 2999
Bedok NPP -----	1800-241 9999
Siglap NPP -----	1800-448 9999
Tanah Merah NPP -----	1800-449 9999

EMERGENCY SERVICES

Fire / Ambulance -----	995
Ambulance Service (non-emergency) -----	1777
Police / Radio Police Car -----	999
Traffic Jam / Accident Reporting -----	6547 1818
Traffic Police (Enquiries) -----	6547 0000

SINGAPORE POWER

Piped Gas Supply -----	1800-752 1800
Water Supply -----	1800-284 6600
Electricity -----	1800-778 8888

ESSENTIAL NUMBERS

24-Hour Essential Maintenance Service -----	1800-275 5555
HDB Branch Office Service Line -----	1800-225 5432

HANDYMAN SERVICES*

• Sanitary Works	
Nam Plumbing Engineering Pte Ltd -----	9666 7057
• Building Works	
Quek & Tan Building Contractors Pte Ltd -----	9298 0971
• Electrical Works	
Chuan Soon M&E Pte Ltd -----	8661 5996

*For more information, visit www.ectc.org.sg



best home, brighter future
EAST COASTNEWS
www.ectc.org.sg

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