AST NEWS

• East Coast-Fengshan Town Council • Block 206 Bedok North Street 1 #01-353 Singapore 460206 • Tel: 6444 9549 Fax: 6444 0775 • www.ectc.org.sg













Issue 110 for Feb - Mar 2017

Win A \$10 Shopping Voucher

by simply answering these questions! Find your answers in the articles in this newsletter issue.

Qn 1:

What is the name of the Bedok Integrated Complex which will be unveiled this year?

ANS:

Qn 2: When did our Prime Minister Mr Lee Hsien Loong visit our town?

ANS:



Qn 3:

What are one of the causes of fires in rubbish chutes?

ANS:

Qn 4:

When eating out,

RULES & REGULATIONS

- 1. Fill in your personal details, cut out the quiz and mail it to:

 Quiz for Issue #110, East Coast-Fengshan Town Council,

 Block 206 Bedok North Street 1, #01-353,

 Singapore 460206
- 2. Closing date is 15 May 2017.
- 3. Only residents of East Coast GRC and Fengshan SMC are eligible to participate.

Name:		NRIC:
Address:		
Postal Code:	Contact No.:	



CONGRATULATIONS TO WINNERS OF QUIZ #109

S/N	Name	NRIC
1	Khamisah Bte Dawood	SXXX7204E
2	Poh Pauline	SXXX2478I
3	Nicholas Morton	SXXX5417Z
4	Tan Lee Ying	SXXX3104J
5	Faridah Binte Abu Bakar	SXXX1221I
6	Ling Hea King	SXXX9455H
7	Siti Salbiah Bte Abullah	SXXX5425I
8	Tan Bee Teen	SXXX2903B
9	Koh Kendrick	TXXX6286H
10	Nur Dania Natasha	TXXX6081C



Welcome the Year of the Rooster

Chinese New Year Celebrations were held all over our town as we welcomed the Year of the Rooster.

Joining their respective divisions for lo heis and dinners, the various Members of Parliament and residents ushered in the Lunar New Year with delicious food, exciting stage performances, lion dances and great company. May prosperity, good health and happiness shower upon us in the Year of the Rooster.



















Keep the Rats Away

Rat Treatment **Process**

To control the population of rats, East Coast-Fengshan Town Council is carrying out weekly rodent treatment in various parts of our town. Let's join hands in keeping our neighbourhood clean and rats-free!



Practice these **Good Habits**

- 1. Always tie your kitchen waste in plastic bags before throwing it down the rubbish chute.
- 2. Maintain a clean home environment especially in the kitchen.
- 3. Keep common areas such as lift landings free of bulky and unwanted items.



ENJOY a **MOZZIE-FREE** Home

As part of ECFTC's ongoing efforts to fight dengue, we have taken steps to eliminate mosquito breeding around the estates.











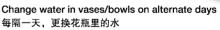






Do the 5-Step Mozzie Wipeout 进行5个步骤的灭蚊检查 Lakukan 5 Langkah Mozzie Wipeout டெங்கியை துடைத்தொழிக்கும் 5 கட்ட நடவடிக்கைகளை பின்பற்றுங்கள்





Tukarkan air dalam jambangan bunga/mangkuk dua hari sekali

மலர்க்குவளைகளிலும் மற்றும் செடி வைக்கப்படும் பாத்திரங்களிலும் உள்ள நீரை ஒரு நாள் விட்டு ஒரு நாள் மாற்றவும்



Turn over all water storage containers 将所有的水桶和水容器倒置存放 Terlungkupkan semua bekas air

lerlungkupkan semua bekas air நீர் பிடித்து வைப்பதற்கான எல்லா பாத்திரங்களையும் கவிழ்த்து வைக்கவும்



Remove water from flower pot plates on alternate days

每隔一天,清除花盆垫盘里的水 Buangkan air di piring pengalas pasu bunga dua hari sekali

செடிச்சட்டித் தட்டுகளில் உள்ள நீரை ஒரு நாள்விட்டு ஒரு நாள் அகற்றவும்



Cover bamboo pole holders when not in use 不在使用晒衣竿撑管时将它们盖好 Tutupkan lubang penyangkut galah yang tidak digunakan

மூங்கில் கம்புகளைச் சொருகும் குழாய்களைப் பயன்படுத்தாதபோது மூடிவிடுங்கள்



Clear blockages and put Bti insecticide in roof gutters monthly 每个月疏通阻塞的屋顶檐槽,并且加入Bti杀蚊药来杀灭伊蚊子孓 Bersihkan sampah sarap dari alur bumbung rumah dan bubuhkan racun serangga Bti sebulan sekali

கூரை நீர்க்கால்களில் அடைத்திருக்கும் குப்பைகளை அகற்றுங்கள் மேலும், Bti பூச்சிக்கொல்லியைக் குறைந்தது மாதத்திற்கு ஒரு முறை கூரை நீர்க்கால்களில் போடவும்

Together We Care for Our Homes

To encourage residents to play a more active role in estate management, East Coast-Fengshan Town Council has organised a Residents Committee (RC) Estate Management Competition for all its 23 RCs. The criteria of the competition is based on:



Feedback

Giving constructive and feasible feedback to the Council, so that the Town Council (TC) can respond fast to improve the standard of our living environment.



Quarterly Night Inspection

RC members carry out night inspections with the TC staff to identify defects in their estates.



Community Gardening

RC take care of their own Community Gardens such as trimming of water shoots, housekeeping and watering of plants.



Block Cleaning

Residents carry out monthly block cleaning to improve the standard of cleanliness of their estates. This helps to inculcate residents with good social behavior.



Recycling Activities

RC organise recycling activities to raise awareness on environmental sustainability.

We are pleased to announce the following RCs who did an excellent job in the Estate Management Competition. To show our appreciation for their teamwork, cash incentives are given.

- 🎪 Bedok Bunga Merah RC
- 🎪 Bedok Orchid RC
- ★ Kampong Chai Chee Ruby RC
- Kampong Chai Chee Linear Green RC
- 🍲 Kampong Chai Chee Longvale RC
- 살 Siglap Ixora RC
- 🍲 Siglap Lucky Valley RC

- 🍌 Changi Simei Zone 1
- 🍌 Changi Simei Zone 2
- Changi Simei Zone 3
- Fengshan Crystal RC
- Fengshan Diamond RC
 - Fengshan Topaz RC





Rubbish chute fires have been one of the top three categories of residential fires in Singapore.

Snuff out the cigarette before disposal if you smoke at home.

★ Do not throw lighted materials such as lighted cigarette butts and burning embers into the rubbish chute.

垃圾槽火患是新加坡住宅区三大火患类别之一。

✓ 若是你在家中吸烟,在丢弃之前,记得将烟蒂熄灭。

*请勿将正在燃烧中的烟蒂和余烬丢置垃圾槽。

Kebakaran cerobong sampah adalah antara tiga kategori kebakaran kediaman yang paling kerap berlaku di Singapura. ✓ Padamkan puntung rokok sebelum membuang jika anda merokok di rumah.

🗱 Jangan buang bahan yang menyala seperti puntung rokok dan bara yang masih hidup ke dalam cerobong sampah.



சிங்கப்பூரில் குடியிருப்புப் பகுதி தீவிபத்துகளின் முதன்மையான மூன்று வகைகளில் ஒன்று குப்பைக் கொட்டுவதற்கான சரிவுகளின் தீவிபத்து

 நீங்கள் வீட்டில் புகைப்பிடிப்பவராக இருந்தால் <mark>அகற்றுவதற்கு மு</mark>ன் சிகரெட்<mark>டை அ</mark>ணைத்து விடவும்.

🗙 எரிந்து கொண்டிருக்கும் சிகரேட் துண்டுகள் மற்றும் எரிந்து கொண்டிருக்கும் தழல் போன்ற எரியும் பொருட்களை குப்பைக் கொட்டுவதற்கான சரிவுகளில் எறியாதீர்கள்.

Proper disposal



of Item in Bin Chutes Unveiling Heartbeat@Bedok from mid 2017





Play and Le

Relax, Rejuvenate, Play and Learn right here at the iconic integrated complex!

Visit www.heartbeatbedok.sg and Facebook page

- Heartbeat at Bedok for updates



Grassroots Advisor for Kampong Chai Chee









BEDOK PUBLIC LIBRARY



REVITALISING **OUR TOWN**

Home Improvement Programme (HIP)



LOCATION	STATUS
Block 119 to 129 Bedok North Road / Street 2	99% of the work is completed
Block 414 to 428 Bedok North Road / Avenue 2	85% of the work is completed



Neighbourhood Renewal Programme (NRP)

LOCATION	STATUS	
Block 141 to 142, 144 to 147 Simei Street 2		
Block 148 - 154 Simei Street 1	O70/ of the week is completed	
Block 155 to 165 Simei Road	97% of the work is completed	
Block 221 - 235 Simei Street 4		

Remaking Our Heartlands (ROH @ Bedok)



LOCATION	STATUS
Block 17 and 18 Bedok South Road	COV of the work is completed
Block 56, 57 and 59 New Upper Changi Road	68% of the work is completed

Other Improvement Projects (Work-In-Progress)

LOCATION	STATUS
Construction of Drop-off Porch - Block 12 Bedok South Avenue 2	7% of the work is completed
Extension of Covered Walkway - In front of Block 27 New Upper Changi Road	12% of the work is completed
Construction of Park Shelter and Upgrading of BBQ area - Between Block 121 and 124 Bedok North Street 2	12% of the work is completed
Construction of Covered Walkway from lift lobby to bus stop - Block 111 Bedok North Road	5% of the work is completed
Construction of Residents' Corner - Block 71 Bedok South Road	85% of the work is completed

Completed Improvement Projects



LOCATION

Integrated Family Playground - Block 219B Bedok Central

Elderly Fitness Corner - Block 33 Bedok South Avenue 2, Block 12 Bedok South Road and Block 97 Bedok North Avenue 4

Community Garden - Behind Block 117 / 119 Bedok North Street 2





DOWNLOAD THE

ONESERVICE APP

Just one app to give feedback and help improve our living environment!

Available for free



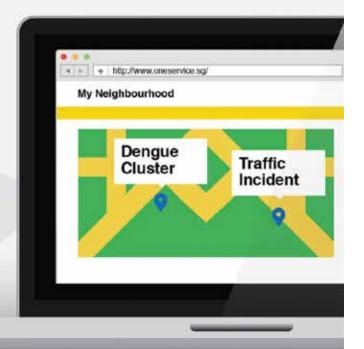


VISIT THE **ONESERVICE PORTAL**

www.oneservice.sg



Check out My Neighbourhood for useful alerts e.g. dengue clusters, traffic incidents.





Eat Out, Eat Healthy

In Singapore, we eat out frequently. According to the National Nutrition Survey (NNS) 2010, 60% of Singaporeans eat out for lunch/dinner at least four times a week. Hence, the choices we make can go a long way to keep us healthy and prevent chronic diseases.

Did you know that an eat-out meal may contain up to 700 calories on average? The NNS 2010 also showed that an increasing number of Singaporeans are consuming more calories than they need on a daily basis, with six in 10 exceeding the recommended energy intake*. Calories are the fuel source which gives our body the energy to do our daily activities. Hence consuming more calories than what our body needs, coupled with lack of physical activity, can increase the risk of chronic diseases, such as diabetes and weight management issues.

Finding a healthier meal in a foodie's paradise like Singapore is easy with the Healthier Dining Programme - a HPB initiative that encourages F&B businesses to offer more meals which are less than 500 calories. About 1,600 food stalls currently offer these lower-calorie meal options in their core menus, and have served 15 million healthier meals as of the end of 2015.

Eating out? Look out for eateries with the HPB's Healthier Choice identifiers or decals to ensure healthier food and drink options are available. Identifiers or decals can be easily spotted at store fronts which come in varied forms - 'Lower in calories', 'We use healthier oil', 'We serve wholegrain options",













"Ask for lower sugar options" so you can make even better choices. These dishes have been created to taste good, pack in a punch of rich nutritional value and yet are lower in calories.

Going Healthy at Hawker Centres and Coffeeshops

Since 28 November 2016, HPB's nation-wide Healthier Dining Programme at hawker centres and coffee shops aims to nudge the public to pick healthier options at participating stalls. So start looking out for the "lower in calories", "We serve wholegrain options" or "Ask for lower-sugar options" identifiers when you visit your hawker stall or coffee shop. Make each meal a healthy one and start living healthier today!

You may also call 1800-223 1313 or email: HPB_Healthy_ Eating_CSHC@hpb.gov.sg.



*On average, an adult man requires about 2,200 calories a day, while an adult woman needs about 1,800 calories. The daily calorie intake may vary depending on different factors such as age, gender, weight and activity level.

iMakan iShare

Location: Pasar 16 @ Bedok

East Coast-Fengshan is well known for being a foodie's paradise. In fact, the rich diversity of local cuisines is phenomenal. This can be traced to our multicultural and multiracial heritage. Over the years, many food stalls have stood the test of time and competition. We believe they are definitely worth a mention.

Are you a big food fan of Pasar 16 @ Bedok? Here's your chance to win a \$10 shopping voucher if your shared hawker stall wins!

Here's how to enter:

- 1. Tell us your favourite hawker stall. Submit your entries to us via ectcnet@ectc.org.sg with the subject header "iMakaniShare". Kindly ensure you include the following details: Name, NRIC, Mobile Number.
- 2. Vote for your favourite hawker stall via our Facebook page.

Contest ends on 30 May 2017. For more details, visit our Facebook page. Watch this space for more featured food stalls in the coming issues.



MY NEIGHBOURS

@ BEDOK







Bedok celebrated the Lunar New Year in full force on 4 Feb 2017. More than 200 residents attended the Karaoke party with their families. Member of Parliament Mr Lim Swee Say also shared on key matters that affect the community, including topics on Health and SG Secure. To end off the event, residents were given a healthy bento set and a pair of oranges for the New Year. Gong Xi Fa Cai!







BEDOK









CELEBRATEWITH SONGS









BELIEVE & ACHIEVE







The annual Edusave Merit Bursary Award rewards students for their good grades and achievements such as leadership qualities, good progress in their academic performance and exemplary character. This year, Member of Parliament Mr Lee Yi Shyan presented the awards in the annual ceremony to students in the presence of some 270 residents. It was indeed a proud moment for many parents present. Well done, young ones!







KG CHAI CHEE

SIGLAP







CHIT CHAT







Residents of Siglap Lucky Valley RC were invited for a dialogue session with Member of Parliament Dr Mohd Maliki Osman. Feedback was gathered on improving the living environment in Siglap and Singapore. Topics such as SGSecure & diabetes awareness were also shared. The dialogue ended with a birthday celebration for January babies over a delightful spread of yummy food.



REACH FOR THE STARS







Stars of the Fengshan Education Awards Presentation Ceremony were the recipients of the Edusave Bursary Award on 14 January 2017. Nearly 2,500 residents attended the annual event and presenting the award was Member of Parliament Ms Cheryl Chan. The awards ended with a delicious buffet spread and lots of photo taking. Congrats young ones!







FENGSHAN

RC RECYCLING SCHEDULE APR / MAY / JUN 2017



Every 2nd Saturday Every 2nd Sunday	Date 16 Apr; 21 May; 18 Jun 30 Apr; 28 May; 25 Jun 8 Apr; 13 May; 10 Jun 9 Apr; 14 May; 11 Jun 30 Apr; 28 May; 25 Jun	10.30am - 12pm 9am - 11am KG 11am - 1pm 11am - 1pm 9.30am - 11.30am	Address BEDOK BIk 37 Bedok South Ave 2 #01-445 BIk 10C Bedok South Ave 2 #01-562 CHAI CHEE BIk 138 Bedok North Rd 2 #01-147 BIk 221A Bedok Central #01-70	Bedok Bunga Merah RC Bedok Orchid RC Kg Chai Chee Ruby RC Kg Chai Chee Linear Green RC		
Every last Sunday Every 2nd Saturday Every 2nd Sunday Every last Sunday	30 Apr; 28 May; 25 Jun 8 Apr; 13 May; 10 Jun 9 Apr; 14 May; 11 Jun	9am - 11am KG 11am - 1pm 11am - 1pm	Blk 10C Bedok South Ave 2 #01-562 CHAI CHEE Blk 138 Bedok North Rd 2 #01-147 Blk 221A Bedok Central #01-70	Bedok Orchid RC Kg Chai Chee Ruby RC		
Every 2nd Saturday Every 2nd Sunday Every last Sunday	8 Apr; 13 May; 10 Jun 9 Apr; 14 May; 11 Jun	11am - 1pm 11am - 1pm	CHAI CHEE Blk 138 Bedok North Rd 2 #01-147 Blk 221A Bedok Central #01-70	Kg Chai Chee Ruby RC		
Every 2nd Sunday Every last Sunday	9 Apr; 14 May; 11 Jun	11am - 1pm 11am - 1pm	Blk 138 Bedok North Rd 2 #01-147 Blk 221A Bedok Central #01-70	,		
Every 2nd Sunday Every last Sunday	9 Apr; 14 May; 11 Jun	11am - 1pm	Blk 221A Bedok Central #01-70	,		
Every last Sunday	• • • • • • • • • • • • • • • • • • • •	•		Kg Chai Chee Linear Green RC		
	30 Apr; 28 May; 25 Jun	9.30am - 11.30am				
Every 3rd Sunday			Blk 765 Bedok Reservoir View	Kg Chai Chee Longvale RC		
Every 3rd Sunday			SIGLAP			
Every ora carraay	16 Apr; 21 May; 18 Jun	11am - 1pm Blk 167 Bedok South Ave 3 #01-501 Siglap East RC		Siglap East RC		
Every last Sunday	30 Apr; 28 May; 25 Jun	1pm - 3pm	Blk 71 Bedok South Rd #01-250	Siglap Lucky Valley RC		
Every last Sunday	30 Apr; 28 May; 25 Jun	8.30am - 10am	Blk 51 New Upper Changi Rd #01-1500	Bedok Ixora RC		
FENGSHAN						
Every last Sunday	30 Apr; 28 May; 25 Jun	9am - 11am	Blk 111 Bedok North Rd #01-323/325	Fengshan Jade RC		
Every 1st Sunday	2 Apr; 7 May; 4 Jun	9am - 10am	Blk 124 Bedok North Rd #01-155	Fengshan Crystal RC		
Every 2nd Sunday	9 Apr; 14 May; 11 Jun	10am - 12pm	Blk 93 Bedok North St 4 #01-1461	Fengshan Topaz RC		
Every 2nd Sunday	9 Apr; 14 May; 11 Jun	9am - 12pm	Void Deck at Blk 185 Bedok North Rd	Fengshan Diamond RC		
	· · · · · · · · · · · · · · · · · · ·	·	Void Deck at Blk 79 Bedok North Rd	•		
Every 3rd Sunday	16 Apr; 21 May; 18 Jun	9am - 11am	Blk 104 Bedok North Ave 4 #01-2186	Fengshan Pearl RC		
			ANGI SIMEI*			
Every 3rd Saturday	15 Apr; 12 May; 17 Jun	2pm - 5pm	Blk 155 Simei Road #01-202	Changi Simei Zone 3		

COMING SOON விரைவில் வருகிறது **AKAN DATANG** 即将来临

	WHAT	WHEN	WHERE	CONTACT	PHONE	
BEDOK	CSC Mass Walk & Monthly Flea Market	7 May 2017 8am - 12.30pm	Bedok CC	Ms Suzanne	6442 5317	
CHANGI SIMEI	Community Health Post	7 April 2017 8.30am - 12.30pm	Changi Simei CC Level 5	Ms Tan Hui Xian	6781 6058	
	Revamped Emergency Preparedness Day	22 April 2017 5pm - 7pm	Open field beside Eastpoint Mall	Malaa Tin Vina		
	CPR, AED and Community Emergency Preparedness Programme (CEPP)	6 May 2017 9am - 6pm	Changi Simei CC	Ms Lee Tin Yim		
KG CHAI CHEE	Social Dance Nite 2017	29 April 2017 6pm - 9.45pm	Diagon contact CC for more info	Mr Jae Tay	6241 9878	
	Indian New Year Show 2017 – organised by IAEC	21 May 2017 10am - 1pm	Please contact CC for more info	Mr Kelvin		
SIGLAP	Traditional Chinese Medicine Consultation	Every 3rd Saturday 7pm - 9pm	Siglap CC	Ms Teo Pei Jun	6449 8040	
FENGSHAN	Stroke Awareness & Prevention Talk	8 April 2017 2pm - 4pm	Fengshan CC, MPH	Ms Cynthia Teo	6449 5136	
	PG Variety Night	April, TBC	Please contact CC for more info	TBC	0100	

The above dates and venues are accurate at press time. Please call to check,

"If we are together nothing is impossible. If we are divided all will fail." - Winston Churchill (1874-1965)







Mr Chia from Blk 221A Bedok central was spotted depositing recyclables and was awarded with vouchers.



Ms Sukirta Ramanathan from Blk 165 Bedok South Road was spotted depositing recyclables and was awarded with vouchers.

GO GREEN & Win with SEMBCORP!

Article contributed by Sembwaste Pte Ltd

Sembcorp, appointed public waste collector for the Bedok sector, has two easy and popular programmes to promote recycling.

Go Green Lucky Draw

Bag your recyclables with a lucky draw coupon before depositing them into a recycling bin. Three lucky winners are picked every quarter to receive vouchers from Sembcorp.

• Spot-Captain-Green

A Sembcorp representative randomly approaches residents who are spotted placing recyclables into recycling bins. The lucky residents are awarded with vouchers on the spot.



Contact Sembcorp to find out more.

Customer Service Hotline: 1800 278 6135 • Email: environment_contactus@sembcorp.com

YOUR MEMBERS OF PARLIAMENT MEET THE PEOPLE SESSIONS (MPS) Every Monday (except Public Holidays)



Mr Lim Swee Say

Minister

Ministry of Manpower

Member of Parliament for East Coast GRC

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 30 New Upper Changi Road

#01-784 S(461030) : 6442 1955 Tel

Fax : 6442 9210 Email: Bedok@pap.org.sg

Ms Jessica Tan Soon Neo

Member of Parliament for East Coast GRC Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 131 Simei Street 1 #01-208 S(520131)

: 6587 0680 Fax : 6587 0681

Email: my.mp@changisimei.sg

Dr Mohamad Maliki Bin Osman

Senior Minister of State Ministry of Defence & Ministry of Foreign Affairs & Mayor, South East District Member of Parliament for East Coast GRC

MPS : Every Monday at 8pm (except public holidays)

Venue: Blk 70 Bedok South Road #01-278 S(460070) MPS : Every last Friday at 8pm

(except public holidays) Venue: Blk 3 Changi Village Road

(Facing Changi Ferry Terminal)

: 6241 5840 : 6449 5329 Email: Siglap@pap.org.sg

Mr Lee Yi Shyan

Member of Parliament for East Coast GRC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 408 Bedok North Avenue 2

#01-38 S(460408) Tel : 6241 9935 Fax : 6241 9935

Email: Kg.Chai.Chee@pap.org.sg

Ms Cheryl Chan Wei Ling

Member of Parliament for Fengshan SMC Vice Chairman of East Coast-Fengshan Town Council

MPS : Every Monday at 7.30pm (except public holidays) Venue: Blk 119 Bedok North Road

#01-209 S(460119) : 6442 9954 Tel

Fax : 6244 1306

Email: Fengshan@pap.org.sg



EMERGENCY & **USEFUL NUMBERS**

Please call the Town Council at 6444 9549 if you have any query/ feedback on the following:

ESTATE MAINTENANCE

Conservancy and cleaning work on common property such as void decks, common corridors and car parks · Mechanical or electrical equipment such as lifts, water pumps, switch rooms and lighting • Landscaping and horticulture maintenance

ENFORCEMENT ACTION

Illegal parking of motor vehicles on common property • Illegal displays of signs and banners • Illegal plucking of fruit or shrubs • Indiscriminate dumping of unwanted items • Pilferage of Town Council's water and electricity • Vandalism of Town Council's property

To ensure immediate attention on your feedback, contact these agencies directly for the following:

ENVIRONMENTAL POLLUTION, CROWS

National Environmental Agency (NEA) ----- 1800-225 5632 Email: Contact_NEA@nea.gov.sg Department of Public Cleanliness (DPC)----- 1800-600 3333 Email: dpc@nea.gov.sg

STRAY ANIMALS

The Agri-Food & Veterinary Authority (AVA) ----- 1800-476 1600 Email: ava_arc@ava.gov.sg Society for the Prevention of Cruelty to Animals (SPCA)

Email: enquiries@spca.org.sg ----

TRAFFIC LIGHTS Land Transport Authority (LTA) ----- 1800-225 5582

LEASES, TENANCIES, RENOVATIONS, PERMITS,

SEASON PARKING

Email: feedback@lta.gov.sg

Housing Development Board (HDB) ----- 6490 1111 General enquiries: hdbmailbox@hdb.gov.sg Car Park matters: hdbcarparks@hdb.gov.sg

CDC/FSCS/COMMUNITY CLUBS/CENTRES

South East CDC ----- 6243 8753 Community Mediation Centre ----- 6325 1600 TRANS Centre (TRANS Family Services) ----- 6449 0762 Moral Family Service Centre ----- 6449 1440 Care Corner Family Services Centre (Tampines)----- 6786 6225 Fengshan Community Club ----- 6449 5136

POLICE ------ 1800-255 0000 Police Hotline ----Bedok North NPC ------ 1800-244 9999 Bedok South NPC ----- 1800-244 8999 Changi NPC ----- 1800-587 2999 Bedok NPP ------ 1800-241 9999 Siglap NPP ------ 1800-448 9999

EMERGENCY SERVICES
Fire / Ambulance -------Fire / Ambulance -----Ambulance Service (non-emergency) ------ 1777 Police / Radio Police Car -----999 Traffic Jam / Accident Reporting ----- 6547 1818 Traffic Police (Enquiries) -----

Tanah Merah NPP ------ 1800-449 9999

SINGAPORE POWER Piped Gas Supply ------ 1800-752 1800 1800-284 6600 Water Supply -----

- 6287 5355

Electricity -**ESSENTIAL NUMBERS** 24-Hour Essential ------ 1800-275 5555 Maintenance Service ----HDB Branch Office Service Line ------ 1800-225 5432

HANDYMAN SERVICES*

 Sanitary Works Nam Plumbing Engineering Pte Ltd ----- 9666 7057 Building Works Quek & Tan Building Contractors Pte Ltd ----- 9298 0971 Electrical Works

Chuan Soon M&E Pte Ltd ----- 8661 5996

*For more information, visit www.ectc.org.sg



best home, brighter future

EAST COASTNEWS

www.ectc.org.sg

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Mr Chandran Nantha Kumar (Changi Simei)

Ms Lynne Poh (Fengshan)

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